BYU Public Health

19 February 2020

If you have questions regarding this major, the new curriculum, mapping out your classes, or have questions in general about what is expected of you, please feel free to make an appointment with a Public Health department advisor by calling 801-422-3386.

ADVISING APPOINTMENT HOURS

Stephanie Lutz (Internship Coordinator) 10-2pm M-Th

> Beth Liechty (Class planning) 9-2pm M-Th

Before meeting with Stephanie about internship questions, please read the entire internship manual, make a list of questions, and outline your internship plans. The manual will answer many of your questions. By preparing for your appointment, your time with Stephanie will be much more efficient.

Just a reminder that the Department of Public Health has a Facebook page where you can find current news and event information!

Find us at BYU Public Health

DEPARTMENT ANNOUNCEMENTS



Apply for CHES® Exam

Check Eligibility

Final Deadline for the April 2020 CHES® exam is February 29th!

Share with your students

Remind students that the final deadline for the CHES® exam is February 29, 2020. Full-time students receive a lower application fee for the exam.

NCHEC staff contact: Tanya Cole

Want to go to England, Belgium, Netherlands, Germany, Luxembourg, France, Spain, and Morocco? Come Join us on the Europe Public Health Study Abroad!



Students will be immersed in the local culture as they experience European environments and lifestyle. Students will experience the impact of social and built environments (culture) on their own behaviors. Students will observe how public health programs and policies in Europe contribute to the overall health of populations. They will learn innovative approaches to tackling public health challenges such as obesity, diabetes, heart disease, and other chronic conditions.

We are currently accepting students for Summer 2020, May 24th-June 20th. Applications will be received until spots are filled, or until December 20th.

Apply on the Kennedy Center's website: http://kennedy.byu.edu/europe-public-health/

For more details or questions contact:

Josh West, 422-3444, josh.west@byu.edu

Ben Crookston, 422-3143, benjamin_crookston@byu.edu
or visit LSB 2138/2139

Instagram: byupublichealtheuro



Are you a young adult (ages 16 – 25) with Type1 diabetes? If so, we want to hear from you!

Many adolescents and young adults experience challenges as they learn to manage Type 1 diabetes on their own. Although many supports exist, we recognize that additional education and resources are needed for these individuals.

Researchers at the University of Utah need input to understand access to resources and improve supports for young adults as they transition into self-management of their Type 1 diabetes.

We invite you to participate in one of five Patient Engagement Studios. These 2-hour group discussions will be held in Salt Lake City, Ogden, Provo, Logan, and Price, Utah.

DATES: (specific dates and times to be determined)

Participants will receive a meal and \$75 gift card

To register and learn more, please call: BRIEANNE WITTE at (801) 382-7007 or email brieanne.witte@utah.edu

UPCOMING EVENTS

Reducing Obesity: Past, Present and Future

Dr. James O. Hill

A leading expert on obesity
Chair of the Department of Nutritional Sciences and
Director of the Nutrition Obesity Research Center (NORC)
at the University of Alabama at Birmingham

Thursday, February 20, 2020 11:00am to 12:00pm 207 MARB



Sponsored by the Department of Nutrition, Dietetics, and Food Science

Utah ACS CAN Day at the Capitol 2020

February 21, 2020 | 8AM to 11AM 350 State Street, Salt Lake City, UT

Join us in asking lawmakers to make fighting cancer a top priority in Utah!

RSVP required fightcancer.org/events/utah-day-capitol

Breakfast and training included for this free event

Questions? Email Jenny.Tischler@cancer.org







Jason Turner, the Associate Dean of the College of Health Sciences for Rush University, will be visiting our club. Rush's Master of Science in Health Systems Management consistently ranks in the top ten nationally. COME & LEARN ABOUT
RUSH'S MASTER OF SCIENCE IN
HEALTH SYSTEMS MANAGEMENT

FEBRUARY 25TH
TNRB 110
6-7:30 PM



ATTN: Pre-med students

Webinar: How to discern med school & various medical specialties

Wednesday, Feb 26th at 8:30pm EST

Save your spot by registering here

Atlantis, a leading physician-shadowing abroad program for pre-health students, is hosting a 1-hour webinar where a current med student will address how to discern med school & various medical specialties. Born in Yugoslavia, George Bugarinovic is the oldest child of Serbian immigrants. Seeking better opportunities, his family moved to Kansas City. His parents' composure through life-threatening illness and the great skill of their doctors planted a seed that led George to pursue a BS from Johns Hopkins University and an MD from Harvard Medical School. George also captained

the men's basketball team at JHU and traveled to Spain with Atlantis. He is currently applying for residency in Orthopedic Surgery.

In the first 30 minutes, George will discuss:

- How to discern whether med school is right for you
 - Advice on getting into med school
- The daunting choice between different medical specialties

We'll have 30 minutes for Q&A at the end, so be sure to bring any questions you may have!







JOIN US FOR THE UPHA, USOPHE, AND ACTION UTAH

2020 ADVOCACY ACADEMY!

Learn how to advocate for public health issues and meet with legislators

Wednesday February 26, 2020 Utah State Office Building Auditorium 350 North State St, SLC

9am-11am Hands-On Advocacy Training 11am-12pm Educating Legislators on bills 12-2pm Lunch and Legislative Panel CHES credits available

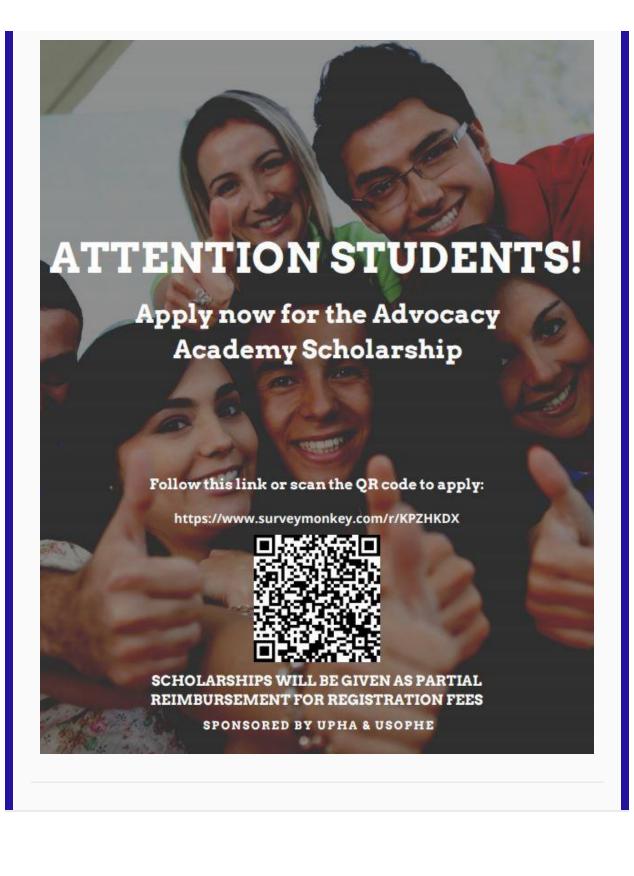
Students \$25

Members \$30

Non-Members \$35

Register online at UPHA.org

\$5 off early-bird registration until 1/28/2020





CPR & First Aid

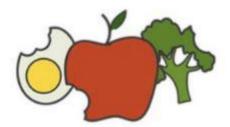
Attention Students and Staff!

New CPR and First-aid Schedule

- March 16 (Monday evening)
- March 30 (Monday evening)
- April 4 (Saturday -- Full CPR class for those who have never taken a CPR class
- April 6 (Monday evening)

If you are needing CPR and First-aid training, please email Elle at emsconference@msn.com for more class details.

EAT RIGHT



BITE BY BITE

National Nutrition Month® March 2020

eat Academy of Nutrition and Dietetics

March is National Nutrition Month!
The Student Dietetic Association will be celebrating with giveaways, challenges, activities, and more!
For more information, visit
@nnm.byu on Instagram
nnmbyu.weebly.com for the calendar of events

VOLUNTEER



MARCH 13 - 14, 2020

FRIDAY 2:00 PM TO 8:00 PM, SATURDAY 9:00 AM TO 6:00 PM MOUNTAIN AMERICA EXPO CENTER, 9575 SOUTH STATE STREET, SANDY, UTAH

Keynote Speaker: Richard A. Heaps, Ph.D., ABPP

"Understanding and Coping with Painful, Traumatic, or Hurtful Events"

- 9/11 and Hurricane Katrina disaster responder
- Survivor counselor for many natural disasters in a dozen states
- Managed 2002 Winter Olympics mental health responders
- Clinical psychologist
- Disaster volunteer with the Red Cross and the Utah Critical Incident Stress Management Team
- Emeritus professor at BYU's Counseling and Psychological Services

Sponsors:





Call 801-538-3400 for more information.





American Red Cross





Get tickets ONLINE! www.BeReadyUtahExpo.org \$4.00 Online Special until Feb 1!

Workshops include:

- Communication
- S.A.F.E. Neighborhoods
- Water Storage
- Food Storage
- Sanitation
- · Active Shooter
- Cooking without
 Power
- Small Space
 Preparedness
- Suicide Prevention
- Flood and Earthquake
 Preparedness

- Stop the Bleed
- Vaping Dangers
- Human Trafficking
- Home Security
- Internet Safety
- Bullying
- Mental Health
- You Are the Help Until Help Arrives
- Disaster Discovery
 Center with hands-on
 activities for everyone

and MUCH more!







Emergency Preparedness Merit Badge Class!



The **Be Ready Utah Expo** is quickly approaching on Friday, **March 13**, **2020** from **2–8 p.m.** and Saturday, **March 14** from **9 a.m.–6 p.m.** at

the Mountain America Expo Center in Sandy, Utah.

This year the expo has been expanded from emergency preparedness to include health and safety, which brings in a variety of new workshops. I'm attaching the flyer, so you can email it to your contacts and encourage them to attend. Admission is \$5 per day, unless ... you are able to volunteer.

The **Disaster Discovery Center** is <u>looking for volunteers</u> to fill **4-hour shifts** in our interactive area for which you get **free admission** on both days. (Signing up for two consecutive shifts will also earn you two \$5 meal vouchers.)

The goal of our interactive area is to educate the public with lifesaving information in fun, hands-on ways. We run a disaster escape room, refrigerator challenge, pedal cart course, miniature earthquake shake house, liquefaction demo, computer map station, seatbelt convincer, first aid skills, etc. Just-in-time training will be provided as you begin your shift.

Please fill out this form to volunteer. For questions, call 801-553-8117 or email karen@disasterdiscoverycenter.org.

We are excited to have you participate in whatever way works best for you. Hope to see you there!

INTERNATIONAL INTERNSHIPS

INTERNSHIP MANUAL

Please refer to the current Internship Manual to find answers regarding your internship. Please read the manual prior to attending your mandatory internship meeting

DOMESTIC INTERNSHIPS

INTERNSHIP MANUAL

Please refer to the current Internship Manual to find answers regarding your internship. Please read the manual prior to attending your mandatory internship meeting



TRUSTED SINCE 1910

PAID INTERNSHIP

Population Health Intern - Job Description

Role Objectives

Support the Executive VP of Benefits, Population Health Manager, and Benefits teams in executing the goals and objectives of Moreton & Company within the department. The primary duties of this role center are the support of our clients' population health and wellness event planning; onsite screenings, and health fairs. The Population Health Department offers industry unique services that can play key roles in acquiring and retaining new and current clientele. This role offers opportunities for advancement.

Preferred Qualifications

- Recent graduate or current college/university student in a health & wellness, health education, public health etc. related major/program of study
- Have a reliable vehicle

Essential Duties

- Department Support
 - Maintain tracking sheets for events
 - Assist in maintaining community partner relationships and vetting of new no cost/low cost community partners and resources
 - Various administrative tasks including scheduling meetings
 - o Organize and track wellness supply needs
 - Develop/improve wellness activities and displays
 - o Other responsibilities as assigned
- Internal Support
 - o Attend internal team meetings
 - o Bring ideas and collaborate with team
 - Newsletter preparation
 - Assist Coordinator with article research for newsletter
- Client Support
 - o Health Fair Coordination
 - · Work with team to develop/improve wellness content for health fairs
 - Attend planning meetings with client (prepared with last year's plan plus new ideas where appropriate)
 - Research new vendor resources as requested by client
 - · Send out vendor/resource invites, collect confirmations and organize raffles
 - Communicate event status regularly with all those involved (Producers/Account Managers, Client Contacts, Vendors, and Population Health Team)
 - Attend events (set-up and clean-up included)
 - · Engage with group and vendors appropriately
 - o Marketing Materials for Client Events
 - Responsible for communicating client marketing needs to team
 - Delivery of materials to clients as needed.
- Special Duties
 - Work with Moreton's HR on Moreton's wellness initiatives
 - o Play a role in Moreton's Party/Culture Committee
 - Assist in vetting event related vendors
 - Provide special project support as needed



"Create Better Health (Utah SNAP-Ed) is currently looking for volunteer interns to work with our amazing team of Ambassadors! As an intern, you will have the opportunity to impact our local community and help increase food security through nutrition education and other health promotion activities. Activities include teaching community nutrition classes, contributing to a social marketing campaign, planning and implementing educational outreach activities, supporting local food pantry efforts, and improving access to nutritious food. If you have any questions, please email Kaylee Anderson Nguyen: kaylee.anderson@usu.edu

For more information about our program,

visit: https://extension.usu.edu/createbetterhealth//

The application process can be found at this

link: https://docs.google.com/forms/d/e/1FAIpQLSf0qBMLUOdZPD3jZ9fN0F42Dq6y3i-zkksZtF1KkVJm6aX4YA/viewform?usp=sf link

APPLICATION DUE DATE: March 13th 2020.

If you are selected for an interview, interviews will be held March 20th 2020.

Please note: This is an unpaid volunteer internship

We look forward to receiving your application!"



The BYU fellowship application for The Ohio State University Comprehensive Cancer Center (OSUCCC) is now open. That application **closes Feb. 21st**



WEBER-MORGAN HEALTH DEPARTMENT

Our interns work within the Division of Health Promotion. They complete objectives in various program areas, obtain hands-on experience in CHES competencies, and better learn what it means to get real-life experience as a Community Health Educator.



Most internships provide an intern with following areas: experience in only one . Physical activity, program area, while we provide students with experience in ALL of our health promotion programs.

Students will work in the

- nutrition, and obesity prevention
- · Teen Health and teen pregnancy prevention
- Tobacco Prevention
- Injury Prevention



Qualifications

- Must be pursuing a degree in Health Education
- Must have completed or be enrolled in a program planning class
- Must be eligible to begin earning internship credits
- Must be able to complete 200 hours
- · Must be dependable, computer-literate, organized, selfmotivated, and nicotine-free
- · Must have reliable transportation as program activities require intern to travel to multiple locations

Now Recruiting Interns!

Accepting Applications for 2020 Summer Semester Internships (May-August)

Deadline - March 13, 2020

For more information and to apply, visit

webermorganhealth.org/volunteer-opportunities/

or contact

Bethsa Becerra at (801) 399-7192 or wminterncoordinator@co.weber.ut.us

23rd St. Ogden, UT 84401

Third Floor

JOB OPENINGS



PART-TIME HEALTH EDCUATOR - ASTHMA PROGRAM

BACKGROUND:

The Asthma Home Visiting program offers free home visits to residents of Salt Lake County with severe and/or uncontrolled asthma. The goals of this program are for program participants to learn how to recognize asthma symptoms, correctly use asthma medications, and reduce asthma triggers in the home in order to improve their asthma control and improve their overall quality of life.

SCOPE OF WORK:

The program consists of three (3) in-home visits that are conducted by a pair of Asthma program staff and two follow-up phone calls. The purpose of this position will be to accompany another health educator in providing home visits to asthma clients and participating in program planning, implementation, and evaluation. This position requires English and Spanish fluency as the candidate will be asked to conduct home visits in both languages.

REQUIREMENTS:

- Bachelor's degree specifically in Health Education/Promotion, Health Science, Community Health, Public Health or related degree OR promising juniors or seniors who are pursuing a degree in one of the above areas
- Fluency in Spanish/English required
- Interpersonal skills: must be able to effectively communicate with a diverse group of all ages
- Must have a reliable means of transportation (to travel to and from office and home visits)
- · Must demonstrate reliability and follow through on commitments

ESSENTIAL JOB FUNCTIONS:

- · Provide coaching to improve health behaviors
- Assist program participants in setting SMART goals
- Demonstrated attention to detail
- · Working knowledge of the Health Belief Model, Trans-theoretical Model, Ecological Model
- · Communicate effectively face-to-face and via telephone
- · Provide basic health information and referral to supplemental resources
- Assist in program evaluation, producing reports, and suggesting program improvements based upon data with Excel skills a plus
- Working with key partners to determine strategic direction of statewide asthma control efforts including program planning and continuous quality improvement

POSITION LOGISTICS:

- \$16-18/hr. (plus mileage reimbursement for driving to/from home visits and work-related meetings)
- Part Time: 20 hours/week without benefits
- Hours: Flexible. We work to meet the needs of our home visiting clients. Days, some early evenings, and in very rare circumstances, Saturday mornings, may be required.
- Work location: 7971 South 1825 West, West Jordan, UT 84088
- Applications must be received by 11:59 pm on Wednesday, February 26.
- To apply please send your resume to Darrin Sluga at dsluga@slco.org

START DATE: preferably ASAP but willing to work with candidate's schedule



Department of Health has a recruitment open for the following position:

Disease Response Epidemiologist I \$21.97 - \$28.00

This is a full-time, career service position with benefits.

Requisition # 22809

Closes: 02/24/2020 at 11:59 pm MST

In order to be considered for an interview for these positions, you will need to apply on-line at https://statejobs.utah.gov. If you have not done so already, you will need to create a job seeker account.

MPH NEWS

CLUBS

Have you been wondering how to get involved? Here are a few student clubs that might be of interest to you depending on your emphasis and educational goals:

Y-Serve Refugee

*BYU Public Health Association (BPHA)

*Rotaract

*Allied Health Club

*Healthcare Management Association

*Healthcare Industry Association (HIAu)

*BYU Physical and Occupational Therapy Club

*Nonprofit Management Student Association

*Master of Public Administration Association

*Changemaker Club

*Refugee Empowerment Club

*Team HBV

BYU American Society of Safety Professionals (ASSP) https://www.assp.org





Our mailing address is:

public-health@byu.edu

Want to change how you receive these emails? You can <u>update your preferences</u> or <u>unsubscribe from this list</u>.