

● Tips to finding  
your Public Health  
**I**nternship

1. Identify your public health interests.

Content area/topic: \_\_\_\_\_

Agency: \_\_\_\_\_

Geographic location: \_\_\_\_\_

Experience: \_\_\_\_\_

2. Review form student intern recommendations  
ph.byu.edu ⇒ Undergrad Internships ⇒ Internship Recommendations ⇒ search by geographic location ⇒ read reviews from former students (Form G)
3. Internship board on department website  
ph.byu.edu ⇒ Undergrad Internships ⇒ Internship Postings
4. Read the weekly department newsletter  
Wednesday afternoons, watch for internship postings, read it EVERY week
5. UPHCareers listserv  
To sign up for membership/weekly email alerts ⇒  
<https://docs.google.com/forms/d/1XwtopwGDfpCmJ4FysevMjsf3OdBTchnRkxqXJjib2LY/viewform>
6. On-campus resources  
Kennedy Center (international internship opportunities) ⇒ [kennedy.byu.edu](http://kennedy.byu.edu)  
Washington Seminar (DC internships and housing) ⇒ [washingtonseminar.byu.edu](http://washingtonseminar.byu.edu)  
Ballard Center (on and off campus internships) ⇒ [marriottschool.byu.edu/selfreliance/](http://marriottschool.byu.edu/selfreliance/)  
General BYU Internship Information ⇒ University Internship Office ⇒ [intern.byu.edu](http://intern.byu.edu)
7. Network with department faculty  
⇒ Make an appointment & come prepared to discuss internship ideas based on your interests  
⇒ Humbly request contact information and follow up
8. Network with professional/family/friend contacts  
⇒ Update LinkedIn with your internship interests and location  
⇒ Talk to personal contacts about internship goals  
⇒ Request contact information and follow up
9. General and Agency Specific Internet search  
Google search: public health internships at certain agencies or in certain locations  
Agency website: internships, volunteer, staff, job postings
10. After completing this worksheet, make an appointment with Department Internship Coordinator  
⇒ Stephanie Lutz, MS, CHES, 2060B LSB, [stephanie\\_lutz@byu.edu](mailto:stephanie_lutz@byu.edu),  
⇒ To make an appointment, call 422-3386 and schedule w/secretary, M-Th, 9am-2pm, phone  
⇒ Before appointment, read entire internship syllabus and bring this completed worksheet  
⇒ (801) 422-1943 office, (801) 830-1605 cell/text

⇒ Internship TA email, [publichealthinternships@gmail.com](mailto:publichealthinternships@gmail.com)