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# BYU Public Health

**5 February 2020**

If you have questions regarding this major, the new curriculum, mapping out your classes, or have questions in general about what is expected of you, please feel free to make an appointment with a Public Health department advisor by calling 801-422-3386.

**\*\*ADVISING APPOINTMENT HOURS\*\***

**Stephanie Lutz (Internship Coordinator)  
10-2pm M-Th**

**Beth Liechty (Class planning)  
9-2pm M-Th**

Before meeting with Stephanie about internship questions, please read the entire internship manual, make a list of questions, and outline your internship plans. The manual will answer many of your questions. By preparing for your appointment, your time with Stephanie will be much more efficient.

*Just a reminder that the Department of Public Health has a Facebook page where you can find current news and event information!*

*Find us at **BYU Public Health***

# DEPARTMENT ANNOUNCEMENTS

## IMPORTANT DATES AND INFO

FEB 14 - The new progress report launches - make sure to save/upload/copy your Planned Classes as that function will no longer be available

MARCH 1 - Spring/Summer class registration opens

APRIL 1 - Fall 2020 Registration Cart opens

JUNE 1 - Fall class registration opens

Please look at the New Progress Report found on your MyMAP. This is currently a beta version, and before the new app is launched in two weeks the university needs your feedback. Found at the top right of the page is a Feedback link - please take a few minutes and give your opinion, both positive and negative. Thank you!

COLLEGE and UNIVERSITY SCHOLARSHIP DEADLINE IS FEB 1, 2020

## **Undergraduate Student Application for Experiential Learning Scholarship**

<https://forms.gle/NfbVDWUgNoDtP5n86>

Undergraduate students in Public Health can request funding for experiential learning

opportunities such as study abroad, travel to professional conferences, or other "out-of-the-classroom" learning opportunities. To request funds for internship travel, please complete the Life Sciences application instead, found here: <https://lsinterns.byu.edu/Grants/Index>

Funding will be provided in the form of a scholarship. Proof of acceptance to a study abroad program or registration to a conference must be provided before the funds are dispersed. All students who receive funding are required to complete a brief report (500 words or less) describing the experience and how it benefited them and their BYU education. If an applicant is granted a scholarship and cannot complete the experiential learning opportunity, they will be expected to return the funds to the department. Questions? Contact Emily Eyre [Emily\\_eyre@byu.edu](mailto:Emily_eyre@byu.edu)

ENHANCE YOUR SUMMER WITH A

## LIFE SCIENCES FUNDED INTERNSHIP

RECEIVE UP TO \$8,000

FEBRUARY 7TH

APPLICATION FORMS MUST BE SUBMITTED ONLINE AT  
[HTTPS://LIFESCIENCES.BYU.EDU/LSFI](https://lifesciences.byu.edu/LSFI)

DEADLINE  
EXTENDED

## UPCOMING EVENTS



## CAREER & INTERNSHIP FAIR

Thursday, 2/6

All Access Hours: 10am - 3pm

WSC Ballroom

BYU CAREERS  
CAREER SERVICES

For more information, visit  
[careers.byu.edu](http://careers.byu.edu)



## JOIN THE BILLION STEP CHALLENGE

- This year, BPHA has created a team to participate in the American Public Health's Billion Step Challenge.
- Register here:
- <https://aphabillionsteps.walkertracker.com/?i=EE85968E-g-64126>
- WINNER from the team will get FREE BYU Public Health swag

\*\*You can track your steps with any device— your phone, Fitbit, etc. The website above gives you all the details.

ALL CAN JOIN!!!



# Utah ACS CAN Day at the Capitol 2020

**February 21, 2020 | 8AM to 11AM**  
**350 State Street, Salt Lake City, UT**

**Join us in asking lawmakers to make fighting cancer a top  
priority in Utah!**

**RSVP required**

**[fightcancer.org/events/utah-day-capitol](http://fightcancer.org/events/utah-day-capitol)**

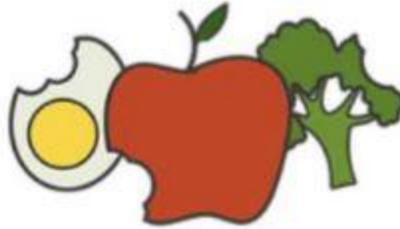
**Breakfast and training included for this free event**

**Questions? Email**

**[Jenny.Tischler@cancer.org](mailto:Jenny.Tischler@cancer.org)**



**EAT RIGHT**



**BITE BY BITE**

National Nutrition Month®  
March 2020

**eat right.** Academy of Nutrition  
and Dietetics

March is National Nutrition Month!  
The Student Dietetic Association will be  
celebrating with giveaways, challenges,  
activities, and more!  
For more information, visit  
[@nnm.byu](#) on Instagram  
[nnmbyu.weebly.com](http://nnmbyu.weebly.com) for the calendar of events

**VOLUNTEER**



**CharityVision International**  
+  
**Sodalicious**  
Nonprofit Event

WEDNESDAY, FEB. 5  
SODALICIOUS @ THE VILLAGE  
(SOUTH CAMPUS)  
COME ANYTIME BETWEEN 3-7 PM

We are testing eye equipment to be used  
in rural settings around the world.

Come volunteer in a quick eye exam!

**Everyone deserves to see!**

Hey Everyone! My name is Maddi Tenney, I am doing an art/service project and I need some help.

What advice do you wish you would have known during your hardest time at BYU?  
Now that you've gotten, or are going through it, what would you say to yourself to  
make it just a little easier?

I am looking for students who would be willing to write a short letter, from a paragraph to a page, about advice that they would give themselves during their hardest times as a BYU student. I will be taking these letters and placing them around campus for fellow students to find. The found letters will be posted with the hashtag, #yesyouproject on social media. Letter writers will be able to see if their letter was found and how it impacted the person that found it.

The #YesYouProject will be all over social media this semester. I did this last semester and it went incredibly well! If you are willing to participate, please send me a paragraph to a page of what you wished you would have known by March 30th. Then, keep an eye on the hashtag, #YesYouProject on instagram to see who finds your letter!

Letters or questions? You can email me at [Maddison\\_Tenney@byu.edu](mailto:Maddison_Tenney@byu.edu) .

(Late letters may be submitted before April 10th, but they will be included in the second iteration of letters placed on campus. Letters sent by March 30th will be placed in the current iteration by the end of finals week)

## **INTERNATIONAL INTERNSHIPS**

### [INTERNSHIP MANUAL](#)

Please refer to the current Internship Manual to find answers regarding

your internship. Please read the manual prior to attending your mandatory internship meeting

## **Comprehensive Rural Health Project**

**Location:**  
Jamkhed, India

### **APPLICATION DEADLINE IS THIS FRIDAY!**

#### **Time Frame of Internship:**

May to August

#### **Description:**

The Comprehensive Rural Health Project (AKA CRHP or Jamkhed) is located in Jamkhed, India. CRHP is a NGO serving the rural poor and marginalized. Established in 1970, CRHP works to bring healthcare to the poorest of the poor, empower communities and individuals to eliminate injustices, and promote health and development. CRHP has long been a leader in public health and development, listed by the WHO as one of the top 30 health and development agencies globally, and is a model for sustainable development.

Students doing internships with CRHP have the opportunity to observe medical primary care appointments and medical procedures (i.e., surgeries), observe all of the project efforts of CRHP, and engage in meaningful research and practice experiences in the communities. Additionally, CRHP hosts training camps and since 1994 has trained over 33,000 individuals from other NGOs, government agencies, and healthcare professionals in sustainable development.

#### **Availability:**

They have the capacity to take up to 3 interns per summer. They require a minimum of 10 weeks, with 14 weeks being the ideal timeframe as it takes about 3 weeks to understand CRHP programs and get to know the staff and community. At the end of the third week, interns can begin work on projects.

**Visit:**

<http://www.jamkhed.org>

More details:

<https://lifesciences.byu.edu/lsci>

**SEE TESTIMONIAL BELOW REGARDING THIS OPPORTUNITY!**

**Jason Worley, former PH student and current MD/MPH candidate, has the following to say about the Comprehensive Rural Health Project:**

**The CRHP:**

I cannot recommend an internship with the CRHP enough. If you are interested in an immersive program that exemplifies the principles of empowerment through a bottom-up approach to community well-being, this is the opportunity of a lifetime. Among many other programs, the CRHP trains poor, illiterate, low-caste women to work as village health workers and provide health screenings and perinatal care in their villages. Other programs you will learn about and interact with include community organization, agricultural programs, prosthetics production, surgical camps, disease screenings, elementary education, and community mapping. The CRHP is world-renowned and works with a diverse team of international public health, social work, government, and medical professionals. Through their various programs, they both jointly fight hunger and disease and also break down old social structures of caste-ism, poverty, racism, and gender inequality. Students from all over the world complete the CRHP course every year, and the CRHP will tailor your experience to fit your individual needs and interests.

**What you should do:**

1. Get more information from Stephanie Lutz or Ali Crandall.

2. Go early in the year (that's when the most other students are there and the weather is best).
3. Be prepared to learn much more from the CRHP than you have to offer them.
4. Learn the principles of empowerment, humility, and bottom-up public health approaches.
5. Take those principles out into your life to make the world a better place.



### Public health student internships available through the Malawi International Development Internship Program.

"We are a program through the Kennedy Center that places students for three months from May - August with a local non-profit working with subsistence farmers on development projects. We have many public health projects and need more students with public health skills.

Link to our program through the Kennedy Center website:

<https://kennedy.byu.edu/malawi-international-development-internship/>

Despite what might be listed, we are still accepting applications. If students have

questions about the application process you can direct them  
to: [byumalawi@gmail.com](mailto:byumalawi@gmail.com)."

## DOMESTIC INTERNSHIPS

### INTERNSHIP MANUAL

Please refer to the current Internship Manual to find answers regarding your internship. Please read the manual prior to attending your mandatory internship meeting

### Utah County Health Dept summer health promotion internships!

Application information can be found at: <https://sites.google.com/view/uchdinternships>.

The deadline to apply is February 9.

Contact email for students to use for questions is [uchdinternships@gmail.com](mailto:uchdinternships@gmail.com).

### ATTN ENV/OCCUPATIONAL STUDENTS LOOKING FOR AN INTERNSHIP!

Intel Corporation has a really great opportunity for this summer in Rio Rancho, NM working as an industrial hygiene/safety intern at one of Intel's technology development sites. This isn't an "easy" internship and is probably best for graduate

students, but a motivated undergraduate might also be accepted.

There is a potential for a relocation allowance, start/end dates would be flexible to some extent, and the pay is very competitive. Good hands-on experience with sampling, direct-reading instruments, and many other areas relating to IH/Safety guaranteed.

YOU MUST APPLY SOON, and it would be best if you let Andrew Forbes know (info below) you are interested ASAP so he can make sure they look at your resume. You can email, call, or text if you have any questions.

Here is a link to the job posting:

<https://jobs.intel.com/ShowJob/Id/2313327/Industrial-Hygienist-Safety-Intern/>

**Andrew Forbes, CIH**  
Industrial Hygiene/Safety  
Intel Corporation  
[drew.forbes@gmail.com](mailto:drew.forbes@gmail.com)  
Phone: 505-402-4853



Those interested in applying for the Y Be Fit internship for **Spring/Summer 2020** are strongly encouraged to attend one of the following information meetings:

**Tuesday, February 11th**

**@ 3:00 pm, 204 RB**

**Thursday, February 13th**

**@ 6:00 pm, 206 RB**

The Y Be Fit internship is a paid internship and provides meaningful experience to students seeking careers in work-site health promotion, personal training, health coaching, and other health-related fields.

Each info meeting will last approximately 30 minutes. The purpose of the meetings is to acquaint students with the internship responsibilities, application process, and frequently asked questions.

**Additional information about the online application process, including application deadlines, is available on our website under the “Internship” tab. Note that the application deadline is Friday, March 6th at 11:59 p.m**



**Latter-day Saint Charities** currently has openings for 4 full-time paid internships. Each has a flexible start date (generally April/May) and is full-time (40 hours per week) for 12 months. Note: this is not a summer internship—we will be looking for candidates who can commit to the full 12 months. Applications will close by February 12.

You can access these positions with the job description and application instructions through the church's career portal

here: <https://careersrch.churchofjesuschrist.org/Public/Search.aspx>

Search by ID numbers:

**251472: Monitoring, Evaluation, Accountability and Learning**

**251469: Food Security and Clean Water**

**251468: Maternal and Newborn Care**

**251550: Disability Services**

<https://careersrch.churchofjesuschrist.org/public/jobdetail.aspx?jobid=251550>

<https://careersrch.churchofjesuschrist.org/public/jobdetail.aspx?jobid=251469>

<https://careersrch.churchofjesuschrist.org/public/jobdetail.aspx?jobid=251468>

<https://careersrch.churchofjesuschrist.org/public/jobdetail.aspx?jobid=251472>



*Health Promotion Internship  
Spring/Summer 2020 (Unpaid)*

INTERNSHIP RESPONSIBILITIES:

Assist with youth coalition projects, public awareness campaigns and events as they relate to tobacco prevention, and community health events.

Participate with Utah Valley Drug Prevention Coalition.

Conduct outreach and tabling at community events and assist in educating the public of the dangers of smoking/e-cigarettes and exposure to secondhand smoke.

Help strengthen and increase our statewide network, "Déjelo Ya," (includes the Latino community, vested individuals, and relevant organizations).

Maintain social media updates by promoting Déjelo Ya activities, accomplishments, educational information and raise awareness of the quitline and [dejeloya.org](http://dejeloya.org)

Help in any requested translations by the local health departments or Hispanic-serving agencies.

Teach healthy relationships at various locations.

\*A \$300 stipend may be available by the end of the internship.

OTHER PUBLIC HEALTH RESPONSIBILITIES:

- Organize and advertise health events to invite members of the community (opinion leaders, coalition members and the local Hispanic population etc.)
- Assist in teaching health related curriculum to adolescents
- Create social media posts
- Assist in monthly and quarterly health reports
- Assist team with intervention responsibilities
- Offer assistance with other administrative work
- Assisting in planning and implementing community events and attend those events (Can include Saturdays)

QUALIFICATIONS:

- Pursuing a degree in Public Health, Health Education, or related field
- Must be dependable, computer literate, organized, and self-motivated.
- Program activities may require Intern to drive to multiple locations; mileage will be reimbursed
- Bilingual English/Spanish

Interested applicants, please send a resume and cover letter to Abraham Hernandez ([abrahamh@centrohispanouc.org](mailto:abrahamh@centrohispanouc.org)) by **5pm on Thursday, February 27.**

**NOTE: Interviews will be held March 5 and 6. Internship will start when spring/summer semester begins.**



# INTERNSHIP

## WEBER-MORGAN HEALTH DEPARTMENT

Our interns work within the Division of Health Promotion. They complete objectives in various program areas, obtain hands-on experience in CHES competencies, and better learn what it means to get real-life experience as a Community Health Educator.



### Benefits

Most internships provide an intern with experience in only one program area, while we provide students with experience in **ALL** of our health promotion programs.

Students will work in the following areas:

- **Physical activity, nutrition, and obesity prevention**
- **Teen Health and teen pregnancy prevention**
- **Tobacco Prevention**
- **Injury Prevention**



### Qualifications

- Must be pursuing a degree in Health Education
- Must have completed or be enrolled in a program planning class
- Must be eligible to begin earning internship credits
- Must be able to complete 200 hours
- Must be dependable, computer-literate, organized, self-motivated, and nicotine-free
- Must have reliable transportation as program activities require intern to travel to multiple locations

## Now Recruiting Interns!

Accepting Applications for 2020 Summer Semester Internships (May- August)

**Deadline - March 13, 2020**

For more information and to apply, visit

[webermorganhealth.org/volunteer-opportunities/](http://webermorganhealth.org/volunteer-opportunities/)

or contact

**Bethsa Becerra** at (801) 399-7192 or  
[wminterncoordinator@co.weber.ut.us](mailto:wminterncoordinator@co.weber.ut.us)



477 23rd St. Ogden, UT 84401

Health Promotion

Third Floor

# JOB OPENINGS

### **Job Description: Community Outreach Coordinator**

Penna Powers, a full service communication agency is seeking a Community Outreach Coordinator to assist with a highly visible public education campaign in Utah.

The position requires the ability to communicate well with large and small groups, multi-task, see assignments through from start to finish, pay attention to details and be proactive.

Primary responsibilities include:

- Grassroots outreach efforts
- Giving presentations to small and large groups
- Coordinating, scheduling and staffing public events
- Writing content for the web, presentations and other materials
- Content creation, tracking and monitoring social media channels
- Responding to requests for campaign involvement
- Managing inventory and resources for events, such as giveaways, display items and collateral materials
- Coordinating with other local public and private safety campaigns
- Seeking outreach and sponsorship opportunities for the campaign
- Finding presentation opportunities throughout Utah

Complete training on all aspects of the campaign will be provided.

This is a full-time, 40 hours per week, entry-level position. The coordinator is needed as soon as possible to handle immediate needs. Position is based in Salt Lake City and will include occasional travel throughout the state for presentations as well as some evening and weekend work as needed.

Requirements include: A bachelor's degree and highly skilled at verbal and written communication. Ability to be proactive and work independently. Strong interpersonal communication skills are essential. Must be able to meet deadlines, and multi-task. Preference given to those with a background in traffic vehicle safety.

Penna Powers offers a comprehensive benefits package including health, dental, LTD and life insurance and 401(k) with employer match.

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Please send resume and cover letter to [hr@pennapowers.com](mailto:hr@pennapowers.com) and include "Outreach Coordinator" in the subject line.



Utah State University is currently hiring for an Intake/Supportive Measures Specialist position.

<https://careers-usu.icims.com/jobs/2375/intake-supportive-measures-specialist/job>

## MPH NEWS

## CLUBS

**Have you been wondering how to get involved? Here are a few student clubs that might be of interest to you depending on your emphasis and educational goals:**

Y-Serve Refugee

\*BYU Public Health Association (BPHA)

\*Rotaract

\*Allied Health Club  
\*Healthcare Management Association  
\*Healthcare Industry Association (HIAu)  
\*BYU Physical and Occupational Therapy Club  
\*Nonprofit Management Student Association  
\*Master of Public Administration Association  
\*Changemaker Club  
\*Refugee Empowerment Club  
\*Team HBV  
BYU American Society of Safety Professionals (ASSP) <https://www.assp.org>



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**Our mailing address is:**

[public-health@byu.edu](mailto:public-health@byu.edu)

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