MARK YOUR CALENDAR
Important Dates

Dec 14 - Last day of classes
Dec 16 - 21 - Finals
Dec 25 - MERRY CHRISTMAS
Jan 1 - HAPPY NEW YEAR
Jan 8 - First day of Winter semester

Questions about
The Major?
Beth Liechty
9-2pm M-Th
3002 LSB

Class planning for the following emphases:
- Health Promotion
- Epidemiology
- Environmental / Occupational Health
- Health Science G-Z

Beth is also available to talk about AIPs, careers, CHES exam, grad school, and more.

To set appointment please call 801-422-3386 or email beth.liechty@byu.edu

Carol Stepan
Life Science Adv.
9-5pm M-F
2060 LSB

Class planning for the following emphasis:
- Health Science A-F
- Other LS majors

To set appointment please call 801-422-3042 or visit lsa.byu.edu

Ayugi Ntambwe-Kalala
Undergrad internships and experiences coordinator

To contact Ayugi, please email phinternships@byu.edu

Upcoming Events/Announcements
Special Topics: Positive Psychology

Mindfulness, Meditation, Forgiveness, Happiness, Purpose, Outward Mindset

Monday & Wednesday 5:30-6:45

Course Description: This is a special topics course on Positive Psychology. We study and learn the concepts that are taught in the most popular class ever at Harvard University and engage in practices to engage students for improved happiness and emotional well-being. Arbinger Institute concepts are utilized in the second half of the Semester.

Testimonials:

… Your lessons and knowledge really helped me these past few months, and I can’t express how thankful I am for all you’ve done! I prayed for a lot of comfort and assurance this past Winter Semester, and I believe I was able to receive all those answers and help through you.—Class Member

Thank you for an amazing semester! This class has been my favorite ever at BYU. The principles you taught are already affecting my life in a great way. I love that you taught us practices and applications, not just memorization of topics. I am also so grateful that you taught us that happiness is truly centered around Jesus Christ and his teachings.—Class Member
NAUGHTY OR NICE?
CHECK YOUR TEST TWICE!
TEST PREP
Workshop

7 DECEMBER, 2023 | 11:00 WSC 3380
JOIN US FOR THE TOP TIPS ON
TEST TAKING AND A SWEET
CHRISTMAS TREAT!

*ZOOM OPTION AVAILABLE

BYU ACADEMIC SUPPORT OFFICE
FRIDAY, DEC 8TH 6 PM @ WSC 3380

JOIN US!

Come hear from authors Kinnith Holloway, J. Tekulve Jackson Van, and Kayla Watt, as they share their experiences as members of the LDS faith.

Q & A will follow.

BYU Anti-Racism Club

BYU Public Health

BS/MPH 4 + 1 Grad Plan Approval Workshops

Wed. Jan. 10
5 - 6 PM
Thurs. Jan. 11
11 AM - Noon

LSB 2037

Please have your forms filled out & ready to be signed at one of these workshops.
Public Health Christmas Party

Wed, December 13
5-7 PM
LSB 2037

PUBLIC HELATH
KAHOOT GAME

FREE FOOD & DRINKS

CHRISTMAS CARD-MAKING

ELF MOVIE

BYUPH MERCH RAFFLE
ATTENTION HEALTH PROMOTION SENIORS

If you are Health Promotion, now is the time to decide if you want to take the CHES exam. To sit for the exam this April, you need to be graduating APRIL, JUNE, or AUGUST 2024 (there is also an October exam date). Once you’ve registered for the exam, please email your receipt to emily_eyre@byu.edu along with your address and NetID, and the Dept of Public Health will reimburse $110 of the fees (fees increase in December and February). After that is done, please contact Beth Liechty or our department front desk (801-422-3386) to check out a study guide.

Please explore the NCHEC website here for answers about the exam as well as the application form.

CAREER CORNER

The BYU public health department is providing an additional resource to help public health students and professionals to take steps to find the right job that fits them and grow their careers. The job board subscription is to help stay updated on the latest employment opportunities available here in Utah.

Subscribe to our Job Board

Handshake

Do you know what Handshake is? Do you know that hundreds of jobs are listed here each week?

Take JUST a minute to check out their website and watch the short video explaining how to get started.
Internships

THE CHURCH OF
JESUS CHRIST
OF LATTER-DAY SAINTS

We are hiring a new intern in the Disabilities office at Church Headquarters for The Church of Jesus Christ of Latter-day Saints. You need to be a current college student (undergrad or graduate or within one year of their graduation.)

The position is paid, 20 hours a week, and interns can work some from home

Job Openings
Get Healthy Utah is now hiring a Development Specialist in partnership with the AmeriCorps VISTA program.

Get Healthy Utah’s VISTA member will work with school, workplace, healthcare, and community leaders to advocate for healthy policies statewide. Among other duties, they will help plan events, including a 2024 summit hosted by Get Healthy Utah and other partnering organizations to facilitate discussion on strategies to improve healthy lifestyle behaviors in all Utahns. The position will start in January 2024, and run for one year.

Please share this opportunity with those who may be interested!
Click on the button below to learn more or apply.

More Information

Clubs Corner

Have you been wondering how to get involved? Here are a few student clubs that might be of interest to you depending on your emphasis and career goals:

- Y-Serve Refugee
- BYU Public Health Association (BPHA) * Now Accepting Applications!
- Rotaract
- Allied Health Club
- Healthcare Management Association
- Healthcare Industry Association (HIAu)
- BYU Physical and Occupational Therapy Club
- Fight Malnutrition Club
- Food Insecurity Club
- Partners in Health: Engage
- Anti-Racism Club
- Nonprofit Management Student Association
- Master of Public Administration Association
- Changemaker Club
- Refugee Empowerment Club
- Team HBV
- BYU American Society of Safety Professionals (ASSP)
- Gerontology Club
- Social Impact Association
- Students for International Development
- Women in Medicine
- BYU Women’s Health Organization