

BYU Public Health

COLLEGE OF LIFE SCIENCES



BYU Public Health Student Newsletter

KEEPING YOU INFORMED

7 December 2022 edition



MARK YOUR CALENDAR Important Dates

Dec 8 - last day of classes

Dec 12 - 16 - finals

Jan 9 - first day of Winter 2023 semester



Questions *about* The Major?



Stephanie Lutz
10-2 pm M-Th
2137 LSB



Beth Liechty
9-2pm M-Th
3002 LSB



Carol Stepan
Life Science Adv.
9-5pm M-F
2060 LSB

Class planning for the
following emphasis:

- Health Science A-F

Before scheduling appointment please make sure you have done the following:

- **Complete the new Learning Suite Path Course (see below)**
- make a list of questions
- outline your internship plans

By preparing for your appointment, your time with Stephanie will be much more efficient.

To set appointment please call 801-422-3386 or email stephanie_lutz@byu.edu

Class planning for the following emphases:

- Health Promotion
- Epidemiology
- Environmental / Occupational Health
- Health Science G-Z

Beth is also available to talk about AIPs, careers, CHES exam, grad school, and more.

To set appointment please call 801-422-3386 or email beth.liechty@byu.edu

- Other LS majors

To set appointment please call 801-422-3042

Upcoming Events/Announcements



HAPPENING TODAY

Native American

Health & Sustainability

Internship

WED | 7 DEC 2022

4 PM

2139 LSB

[byu.zoom.us/my/alliesofficehours](https://byu.zoom.us/j/9123456789)

If you're curious about the Native American study abroad in South Dakota, stop by! We will be going over what the program is like and what applicants wish they had known, as well as providing help with the application! The application **MUST** be started by **December 15th**, so take a minute to stop by, ask questions, and get help.

BYU Kennedy Center
INTERNATIONAL STUDY PROGRAMS

ARE YOU PRE-MED? Two messages from the PPA office:

1. If you're planning on applying this next cycle, please take STDEV 470 this winter
2. If you are planning on doing an internship this summer, take a look at their website here and scroll down to the bottom, it's got some great info: <https://ppa.byu.edu/>

BYU Summer Premedical Research Internship Program

APPLICATIONS NOW OPEN - November 1st - December 15th

ADDITIONAL SERVICES AND INFORMATION



Handouts



Scholarships

We offer more than \$50,000 in scholarships every year. Come see if you are eligible!



BYU Summer Premedical Research Internship Program

APPLICATIONS NOW OPEN—
November 1st - December 15th

THE FOLLOWING CLASSES ARE CURRENTLY BEING OFFERED SPR/SUM 2023

Spring 2023 - HLTH 210, 312, HLTH 316, HLTH 383, HLTH 320, HLTH 335, HLTH 480

Summer 2023 - HLTH 313

Spring/Summer complete class schedule will be available for viewing Dec 1

INTEGRATED MPH PROGRAM NEWS (4+1)

We have scheduled the following dates and times for the integrated BS/MPH grad plan workshops to help applicants get their grad plans approved and signed:

Wednesday, January 11th from 5pm-6:30pm

Thursday, January 12th from 11am-12:30pm

The application open date has been changed to Jan 1

All information has been included on the MPH website:

<https://ph.byu.edu/mph/bs-mph-integrated-program>

GRADUATING IN 2023?

If you are planning on doing an internship or taking classes during spring/summer 2023, you should apply for June or August graduation - whenever you plan to complete those classes. You will still be invited to walk and participate in all April graduation ceremonies!

GRADUATING DEC 2022/April 2023 BUT FORGOT TO APPLY?

Apply for June 2023 and then contact Beth Liechty who will then move your graduation date



If you're interested in taking the CHES exam (for those graduating this next year) please look through this website to read about the exam, qualifications, fees, etc.

<https://www.nchec.org/ches>

Registration is now open. Our department will reimburse a small portion of the fees, we have study books for you to check out, and Beth Liechty can provide you with an advisor letter. Please contact Beth with any questions you might have AFTER looking at the website:)



A Message on Mental Health

With finals just around the corner, don't forget about your mental health.



Listen to Dr. Carl Hanson on our Y Health podcast.

IF YOU ARE PLANNING ON DOING HLTH 496R INTERNSHIP THIS WINTER, SPRING, SUMMER, PLEASE SEE THE FLYER BELOW!!

YOUR INTERNSHIP *Adventure*



LOOKING TO START
YOUR INTERNSHIP IN
WINTER 2023?

IN PLACE OF THE
MANDATORY MEETING AND
MANUAL, JOIN OUR NEW
LEARNING SUITE PATH
COURSE!

LEARN HOW TO FIND AN
INTERNSHIP, GET
APPROVED, AND GET
REGISTERED!

- SELF-PACED
- TAKES LESS THAN 2
HOURS TO COMPLETE
- GET STARTED RIGHT
AWAY

EMAIL YOUR NET ID TO
STEPHANIE.LUTZ@BYU.EDU
TO GET STARTED



Join Early Learning Essentials



Scan
for
more
info



Weekly volunteer hours!

Read to and play games
with pre-school children!



yserve.byu.edu/early-learning-essentials

CAREER CORNER

PIKE-PREP

Preparation in **I**nterdisciplinary **K**nowledge
to **E**xcel (PIKE) - **P**ost-baccalaureate **R**esearch **E**ducation
Program (PREP)



Preparation in Interdisciplinary Knowledge
to Excel Post-Baccalaureate Research
Education Program (PIKE-PREP)

UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS



PIKE-PREP offers a multi-dimensional mentoring and research training experience to prepare underrepresented post-baccalaureate students to enroll and succeed in a top-tier PhD or MD-PhD program and commit to a career in biomedical research.



RESEARCH EXPERIENCE

One-year long mentored laboratory research experience to strengthen research and technical skills



PROFESSIONAL AND CAREER DEVELOPMENT

High-quality professional and career development activities individually designed to complement each scholar's needs and goals



COMMUNITY BUILDING

Experiences to enhance the scholar's network and integration in the social, research, and academic environments



OTHER BENEFITS

Salary of a \$35,000 plus an additional \$5,000 for health, dental, and vision benefits, graduate school application assistance, travel to attend/present at a scientific conference, and tuition remission for courses at the University of Colorado



University of Colorado
Anschutz Medical Campus

For more information go to
<https://bit.ly/PIKE-PREP>
or contact us at PIKE.PREP@cuanschutz.edu

PIKE-PREP INFORMATION SESSION



Preparation in Interdisciplinary Knowledge to Excel (PIKE) - Post-Baccalaureate Research Education Program (PREP)

PIKE-PREP offers a multi-dimensional mentoring and research training experience to prepare underrepresented post-baccalaureate students to enroll and succeed in a top-tier PhD or MD-PhD program and commit to a career in biomedical research.



- ✓ **YEAR-LONG MENTORED RESEARCH EXPERIENCE**
- ✓ **PROFESSIONAL AND CAREER DEVELOPMENT**
- ✓ **COMMUNITY BUILDING**
- ✓ **COMPETITIVE SALARY AND HEALTH BENEFITS**

VIRTUAL INFORMATION SESSION

Monday, January 30th @ 7:00 pm

Scan the QR code or go to:

https://bit.ly/PIKEPREP_Info



University of Colorado
Anschutz Medical Campus

For more information go to
<https://bit.ly/PIKE-PREP>
or contact us at PIKE.PREP@cuanschutz.edu

BYU Public Health

Job Board *Subscription*

Hello, public health job seekers! This is our one-stop shop for all internship, part-time, and full-time jobs that are available here in Utah. When you subscribe, you will receive a weekly job list.

<https://forms.gle/GEN8TNtc6sHDsYPi8>

The BYU public health department is providing an additional resource to help public health students and professionals to take steps to find the right job that fits them and grow their careers. The job board subscription is to help stay updated on the latest employment opportunities available here in Utah.

Subscribe to our Job Board



Do you know what Handshake is? Do you know that hundreds of jobs are listed here each week?

Take JUST a minute to check out their website and watch the short video explaining how to get started.

Handshake tutorial and sign
up

Public Health Jobs and Internships listed
on Handshake

Internships



DOMESTIC
INTERNSHIPS

Visit our website

YOUR INTERNSHIP *Adventure*

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YOUR INTERNSHIP IN
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IN PLACE OF THE
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- GET STARTED RIGHT
AWAY

EMAIL YOUR NET ID TO
STEPHANIE_LUTZ@BYU.EDU
TO GET STARTED

Handshake Internship Listings

Health & Wellness Internship

POSITION DESCRIPTION

The main responsibility of this internship is to provide biometric screenings for SelectHealth® employer groups. Biometric screenings include blood pressure, body fat, and offering face-to-face review of results. Other possible internship opportunities include community events, helping with health education materials, and professional development through team meetings and trainings. **This is an unpaid internship.**

SCHEDULE

This internship varies week-to-week. We send out a monthly schedule and you choose which days work best for you. We require that you are available at least twice a week.

LOCATION

We are located at 5381 South Green Street in Murray, Utah. However, we attend events throughout Utah. You have the option to carpool to team events.

QUALIFICATION

We're looking for current students majoring in a health-related field. You must receive school credit for internship hours.

START/END

Flexibility between when you start and end depends on your needs and availability. Most interns can finish their hours within a semester.

CONTACT

Rachel Mortenson at rachel.mortenson@selecthealth.org.

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Utah Department of
Health & Human
Services

Project Title	Influenza Intern				
DHHS Project Lead	Janelle Delgadillo				
Email	janelledelgadillo@utah.gov		Phone	385-272-5943	
Work Location	Utah Department of Health and Human Services (288 N 1460 W, Salt Lake City, UT)				
Project Description	<p>The Utah Department of Health and Human Services (DHHS) Disease Response, Evaluation, Assessment, and Monitoring (DREAM) Program is seeking a part-time intern to conduct projects related to influenza case ascertainment, influenza severity assessments, and community education. The intern will build knowledge of influenza and its impact on Utah, become familiar with investigative tools and DHHS's influenza disease surveillance system, and acquire hands-on epidemiology experience.</p> <p>Potential projects include:</p> <ul style="list-style-type: none">● Evaluating influenza-like illness surveillance data at local and regional levels● Assisting local public health jurisdictions investigate and report influenza-associated hospitalized cases● Developing zoonotic influenza guidance for community partners (i.e. agricultural producers)● Submitting influenza surveillance data to local public health jurisdictions				
Prerequisites	<p>Required</p> <ul style="list-style-type: none">● Currently enrolled in undergraduate or graduate program● Interest in epidemiology● Strong analytic skills in Excel and R● Strong writing and communication skills● Working knowledge of Microsoft Word <p>Preferred</p> <ul style="list-style-type: none">● MPH graduate, graduate level student, or enrolled in a public health-specific degree● Experience with data analysis and data quality assurance				
Project Start Date	01/2023 (or upon hire)		Project End Date	06/2023, dependent on funding	
Hours per week	10-20	Total number of hours	dependent on funding	Pay rate	\$16.00/hr
Other Details	Primary worksite is the Cannon Health Building in Salt Lake City. Remote work may also be available for this position. Hours are flexible, but DHHS will expect regular hours weekly.				
To Apply	Email a letter of interest and CV to Janelle Delgadillo, janelledelgadillo@utah.gov by 12/15/2022.				



Health Educator / Public Health Administration Volunteer Position

Organization: Needs Beyond Medicine has a mission to decrease the burden of cancer on those undergoing treatment by providing financial support for non-medical expenses.

Needs Beyond Medicine focuses on providing educational outreach regarding the importance of early cancer detection and prevention.

The internship allows students to both collaborate with team members and work independently as a representative of Needs Beyond Medicine. Health educators will be dedicated to the development and implementation of campus and community health education efforts. Responsibilities include, but not limited to: design, presentation, and evaluation of health education programs for local areas, educating the public, health educators will research, write, and edit written health education material suitable for the understanding of the public.

Needs Beyond Medicine is dedicated to helping students gain experience working with a cancer nonprofit. We want to provide you with real world experiences and the ability to create and execute your own projects. This position is 100% remote work and have the ability to do weekly check-ins with the supervisor.

Responsibilities:

- Plan and implement cancer education strategies, interventions, and programs
- Hold and teach seminars focused on sharing information about cancer and incorporate various techniques and formats including group discussion, lecture, role play, etc.
- Conduct research related to cancer and share information learned to the public
- Research for new insights and innovative solutions about cancer as a public issue
- Hold new and existing health education programs focused on cancer to the community and local college campuses
- Assist in the design and utilization of program evaluation and needs assessment tools
- Network with organizations, professors and other campus professionals in creating opportunities conducive for creating preventive health messages and designing education programs
- Assist in planning and executing participation in various community's health fairs, health programs, and other events that fit into Needs Beyond Medicine
- Perform all other duties as assigned or as the situation dictates
- Help locate sponsors and donors for Needs Beyond Medicine
- Assist internship supervisor with miscellaneous tasks

Qualifications:

- Strong interest in preventative health (especially when related to cancer)
- Excellent written and oral communication skills
- Ability to independently handle a variety of tasks
- Good time management skills
- Previous experience with presentations or public speaking
- A "self-starter" with ability to work independently
- Not afraid to ask questions

Please email a copy of your resume and cover letter to: volunteer@needsbeyondmedicine.org

Intern's Needed

We are currently looking for persons who are in their internship program to work at the Utah Department of Health and Human Services Oral Health Program. We are looking for individuals who are passionate about health and serving in the local community.



We need help with:

- oral health presentations in middle schools and elementary schools
- cleaning data and creating middle school fact sheets
- Educational booths at schools and health fairs
- creating educational materials and presentations in canva/ppt
- school newsletters

REQUIREMENTS:

- Must be enrolled in your internship course
- Comfortable giving presentations in person or virtually
- Lives along the Wasatch Front
- Must have car and a valid drivers license

FOR MORE INFORMATION
CONTACT LAUREN NEUFELD

📞 385-321-4099

✉️ lneufeld@utah.gov



JOB OPENINGS

Visit our website

Handshake Job Listings



Job Description: Bilingual Health Educator

Full-Time: 40 hours/week, with benefits after 90 days

Salary: \$19/hr.

Centro Hispano is recruiting a full-time bilingual health educator in our Health Promotion Department. Working under the Tobacco Prevention and Cessation education program and the COVID Community Partnership program as a Community Health Worker.

Position activities:

- Helping Hispanic and Latino individuals develop capacity and access to resources, including health insurance, food, housing, quality care, and health information
- Help people understand COVID, its risks, and complications
- Delivering health information using culturally appropriate terms and concepts
- Ensure compliance with both grants, and compile monthly reports
- Participate in the Utah County Drug Prevention Coalition
- Create tobacco prevention youth-focused lesson plans to prepare youth for the Legislative Session
- Create social media posts and other types of content to promote programming
- Assist the Health Promotion Department Coordinator with other department and nonprofit needs

Qualifications:

- Bilingual in English and Spanish (required)
- 1-2 years experience working with youth
- 6-12 months of experience in community/public health.
- Excellent interpersonal skills and the ability to establish and maintain effective relationships with volunteers, community partners, and community members
- Comfortable with contacting and following up with interested participants over the phone
- Outstanding oral and written skills
- Excellent organizational skills and attention to detail, including the ability to consistently follow through and meet deadlines
- Willing to adapt to changing circumstances and make both personal and program improvements where necessary
- Flexible schedule; may require evening and weekend hours
- Have reliable transportation

Interested applicants, please send a cover letter and resume with three references to Gerardo Fong (gerardof@centrohispanouc.org) by 11:59 pm on Monday, December 5, 2022.

NOTE: Interviews will take place on December 7-9. The position is slated to begin as early as December 14, 2022.



Dental Program Manager

Community Health Connect · 591 S. State Street Provo, UT 84606 · 801.818.3015

Community Health Connect coordinates a network of volunteer doctors and dentists who donate their services to needy individuals in Utah County. The dental program manager works directly with patients, healthcare providers, school districts and other community leaders to coordinate dental services for both adults and children.

Key Responsibilities:

- Assist patients in filling out patient paperwork and perform patient intake
- Work directly with several dental offices in Utah County to coordinate voucher and adult cases
- Stay up to date on technical, medical, and dental terminology
- Use medical databases to record patient information
- Interpret for patient appointments as necessary
- Plan the annual Give Kids A Smile event of Utah County Yearly
- Oversee multiple dental volunteers
- Stay Up to Date with dental resources, and policies in the area
- Actively be recruiting and searching for dental donating providers in the community

Qualifications:

- Speaks English and Spanish fluently
- Bachelor's degree, preferably in Public Health
- Proficient in Microsoft Office, including Excel and Word
- Proficient writing and organizational skills
- Strong abilities in planning and implementing programs and events
- Strong ability to effectively train and manage others
- Strong professional communication and public speaking skills
- Patient and pleasant-mannered; able to work with people from all backgrounds

Benefits:

- Medical/dental insurance
- Paid vacation and sick leave after six months
- Retirement 401k

Position Schedule: This position is 3/4 time (approx. 30 hours per week)
Monday/Wednesday 9am - 6pm, Tuesday/Thursday 9am - 4pm. The office is closed on Fridays.

If interested, please send a brief cover letter and resume to Rachel Mortenson at rachel@utahchc.org.



Office Manager and Volunteer Coordinator

Community Health Connect · 591 S. State Street Provo, UT 84606 · 801.818.3013

Community Health Connect coordinates a network of volunteer doctors and dentists who donate their services to needy individuals in Utah County. The volunteer and office manager oversees volunteer scheduling and coordination as well as office management and organization.

Key Responsibilities:

- Manage office supplies, staff, and office projects
- Keep detailed records of membership fees, donations, and other funding
- Ensure timely payment on all invoices, etc.
- Attend community meetings and events as well as monthly board meetings
- Recruit, train, and schedule in-office and interpreter volunteers
- Plan and direct quarterly volunteer trainings
- Create and update all volunteer training information and train new incomers
- Oversee social media sites and create marketing content, including quarterly newsletter
- Develop appreciation gifts for staff, volunteers, and agency partners

Qualifications:

- An associate degree or some college preferred and at least 2 years directly related to the summary of duties
- Strong organizational and communication skills
- Ability to work with people of all backgrounds
- Experience with banking/accounts (revenue/expense)
- Experience planning and implementing events
- Computer skills in Microsoft Word, Excel, PowerPoint, and Outlook email required
- Spanish speaking preferred

Benefits:

- Medical/dental insurance
- Paid vacation and sick leave after six months
- Retirement 401k

Position Schedule: This position is 3/4 time (approx. 30 hours per week)
Monday/Wednesday 9am - 6pm, Tuesday/Thursday 9am - 4pm. The office is closed on Fridays.

TO APPLY: Email a resume and brief cover letter to Rachel Mortenson at rachel@utahchc.org

The position will begin on January 2023 with a one- to two-week training prior to the official start date.



Clubs Corner

Have you been wondering how to get involved? Here are a few student clubs that might be of interest to you depending on your emphasis and career goals:

- Y-Serve Refugee
- BYU Public Health Association (BPHA) * Now Accepting Applications!
- Rotaract
- Allied Health Club
- Healthcare Management Association
- Healthcare Industry Association (HIAu)
- BYU Physical and Occupational Therapy Club
- Fight Malnutrition Club
- Food Insecurity Club
- Partners in Health: Engage

- Nonprofit Management Student Association
- Master of Public Administration Association
- Changemaker Club
- Refugee Empowerment Club
- Team HBV
- BYU American Society of Safety Professionals (ASSP)
- Gerontology Club
- Social Impact Association
- Students for International Development
- Women in Medicine
- BYU Women's Health Organization
- Future Female Physicians



BYU Public Health | Brigham Young University, 4110 LSB, Provo, UT 84602

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