

# BYU Public Health

## COLLEGE OF LIFE SCIENCES



### BYU Public Health Student Newsletter

KEEPING YOU INFORMED

2 November 2022 edition



### MARK YOUR CALENDAR Important Dates

Nov 7 - Withdraw deadline  
Nov 23 - NO CLASSES  
Nov 24 - THANKSGIVING



### Questions *about* The Major?



Stephanie Lutz  
10-2 pm M-Th  
2137 LSB

Before scheduling



Beth Liechty  
9-2pm M-Th  
3002 LSB

Class planning for the



Carol Stepan  
Life Science Adv.  
9-5pm M-F  
2060 LSB

Class planning for the  
following emphasis:

- Health Science A-F
- Other LS majors

appointment please make sure you have done the following:

- **Complete the new Learning Suite Path Course (see below)**
- make a list of questions
- outline your internship plans

By preparing for your appointment, your time with Stephanie will be much more efficient.

To set appointment please call 801-422-3386 or email [stephanie\\_lutz@byu.edu](mailto:stephanie_lutz@byu.edu)

following emphases:

- Health Promotion
- Epidemiology
- Environmental / Occupational Health
- Health Science G-Z

Beth is also available to talk about AIPs, careers, CHES exam, grad school, and more.

To set appointment please call 801-422-3386 or email [beth.liechty@byu.edu](mailto:beth.liechty@byu.edu)

To set appointment please call 801-422-3042

## Upcoming Events/Announcements



## RESEARCH FUNDING AVAILABLE

### BYU Gerontology Program

The Gerontology Program is accepting proposals for aging-related research and projects through November 18, 2022.



For more information, visit [gerontology.byu.edu/research](http://gerontology.byu.edu/research). For other inquiries you may contact the Gerontology Program at (801) 422-1410 or [gerontology@byu.edu](mailto:gerontology@byu.edu).



INTERNATIONAL BYU PUBLIC  
**HEALTH STUDENTS.**  
SHARE YOUR EXPERIENCE TODAY!

Contact: Millicent

Role: MPH Program

Phone: (801) 960-7602

Email: millice2@byu.edu

**BYU**  
Public Health

Are you an international student in the  
BYU Public Health Program?

**We Need Your Feedback!**



**TESTPERFECT**

## **GRE/GMAT: Live Broadcast Info Session**

We're inviting students to our GRE/GMAT info session (live online broadcast). Our instructor, Phil Hatch, scored perfect on the GRE, perfect on the LSAT, and 790 out of 800 on the GMAT. We'll explain what to expect on test day, how to prepare for the tests, and math, verbal, and strategy skills. **Would you please share via email, newsletter, Facebook, etc.? Thank you.**

### **BROADCAST\***

**Tuesday, December 6th**

**Register:**

**GRE 5:00-6:30 PM MT**

**GMAT 7:00-8:30 PM MT**

\*A recorded version will also be sent to registrants after the broadcast.





BYU Ballard Social Impact Center Presents

# PEERY FILM SERIES

Nov 9 - 11

Reserve your FREE ticket [peeryfilms.byu.edu](http://peeryfilms.byu.edu)




Want to learn more about the refugee crisis and find out how to get involved? This film is for you. You'll learn in just 30 minutes about the refugee crisis and then get to have a discussion with Utah refugees and experts. We'll have quick easy ideas to get involved as well as information to stay up to date. Be sure to join us NOV 9<sup>th</sup> -11<sup>th</sup> in the Varsity theatre. [Get your tickets here!](http://peeryfilms.byu.edu)

ASPIRING PUBLIC HEALTH PROFESSIONALS:

## FOLLOW US

BE PART OF OUR COMMUNITY




@MPHBYU



**BYU Master of Public Health**  
COLLEGE OF LIFE SCIENCES

BYU Public Health Department presents



Scan to listen




Available on all podcast streaming platforms





IF YOU ARE PLANNING ON DOING HLTH 496R INTERNSHIP THIS WINTER, SPRING, SUMMER, PLEASE SEE THE FLYER BELOW!!



**YOUR INTERNSHIP**  
*Adventure*

LOOKING TO START  
YOUR INTERNSHIP IN  
WINTER 2023?

IN PLACE OF THE  
MANDATORY MEETING AND  
MANUAL, JOIN OUR NEW  
LEARNING SUITE PATH  
COURSE!

LEARN HOW TO FIND AN  
INTERNSHIP, GET  
APPROVED, AND GET  
REGISTERED!

- SELF-PACED
- TAKES LESS THAN 2  
HOURS TO COMPLETE
- GET STARTED RIGHT  
AWAY

EMAIL YOUR NET ID TO  
STEPHANIE\_LUTZ@BYU.EDU  
TO GET STARTED





# Join Early Learning Essentials

Scan for more info



## Weekly volunteer hours!

Read to and play games with pre-school children!



[yserve.byu.edu/early-learning-essentials](https://yserve.byu.edu/early-learning-essentials)



 Public Health

## Volunteers Needed!

Interested in the built environment or environmental health?

### WE NEED HELP WITH:

- Conducting an environmental observational survey in Utah County (training and materials provided)
- 1.5 hours of training
- 1-2 hours of data collection (with the option of doing more)

### Benefits:

Great experience for resumes and applications

Connect with community partners

Free training using survey tools recommended by the CDC and USDA

### Contact:

Sarah Callaway  
Sarahcall@utahcounty.gov  
(801) 581-7529



## CAREER CORNER

**BYU**  
**Public Health**

Job Board  
*Subscription*

Hello, public health job seekers! This is our one-stop shop for all internship, part-time, and full-time jobs that are available here in Utah. When you subscribe, you will receive a weekly job list.

<https://forms.gle/GEN8TNtc6sHDsYPi8>

The BYU public health department is providing an additional resource to help public health students and professionals to take steps to find the right job that fits them and grow their careers. The job board subscription is to help stay updated on the latest employment opportunities available here in

## [Subscribe to our Job Board](#)

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# Handshake

Do you know what Handshake is? Do you know that hundreds of jobs are listed here each week?

Take JUST a minute to check out their website and watch the short video explaining how to get started.

[Handshake tutorial and sign up](#)

[Public Health Jobs and Internships listed on Handshake](#)

## Internships



DOMESTIC  
INTERNSHIPS

[Visit our website](#)



GLOBAL INTERNSHIPS

[Visit our website](#)

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**YOUR INTERNSHIP**  
*Adventure*

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TO GET STARTED



## Handshake Internship Listings

 **EVERYDAY  
STRONG**  
United Way of Utah County

### Winter 2023 Social Media Intern

[Click here to see the full job description](#)

- Would you like to help the parents in your community learn how to support their kids' mental health? Come join our emotional resilience program!
- Volunteer position, 10-15 hours per week, flexible, remote possible
- Create a portfolio to use in your future job applications!



Direct applications to Michaelann Gardner  
michaelann@unitedwayuc.org

Anxiety and depression are growing issues among kids and teenagers. United Way's EveryDay Strong project is on a mission to empower parents and other caring adults to know how to build resilience in children.

We've already reached over twenty thousand families in Utah and we're still spreading. As the Mental Health Social Media Intern, you'll help us remix featured content for our Facebook and Instagram channels to reach more families and teach them how to help their kids feel safe, connected, and confident.

**Your qualifications:**

- good writing skills and willingness to revise
- a passion for mental health and the ability to refine your own thinking about what mental health is
- the ability to stay on top of tasks and contribute to a team environment
- fluent in English, excellent grammar
- basic technical literacy (if you can use programs like PowerPoint and Word easily, you'll be set)

*Hours per week: 10-15 (flexible; remote possible)*

**Day to day activities:**

- review that week's featured content and edit/shorten it for an Instagram caption
- select quality photos from our library that match the caption
- use Canva to create simple graphics/quote images that teach a lesson
- make sure the "link in bio" matches the content for that week
- draft one email newsletter per month
- draft one article for the local paper per month

We love teaching you all these skills! We anticipate that you will walk away with a strong portfolio of meaningful projects that you can claim full responsibility for.

This is a volunteer position. Usually, it qualifies for school credit: you will need to check the exact requirements of your school. We are happy to fill out any needed paperwork or adjust the job description as needed. There is also a possibility of being supervised by an LCSW if your school requires it for credit.

**To apply, please submit the following to [michaelann@unitedwayuc.org](mailto:michaelann@unitedwayuc.org)**

- your resume
- a short cover letter (1-3 paragraphs) explaining how this job might contribute to your long-term career goals and why you would be a good fit for the position



This is a fantastic opportunity for a 12-week remote marketing and social media internship with the 2ft Prosthetics. The desired candidate will play a pivotal role in increasing the awareness for our work via marketing and social media strategies.

**About 2ft Prosthetics**

2ft Prosthetics is a Utah-based non-profit focused on helping amputees in developing countries. 2ft Prosthetics was started by a group of BYU students in 2009 and continues to have a presence on BYU campus with a club in the Fulton College of Engineering and Technology.

**Key Responsibilities:**

- Refine and document our marketing strategy
- Build our brand on social media platforms such as Facebook and Instagram
- Create copy and content plans for marketing channels
- Manage \$10,000 Google Ads ad spend
- Enhance the support for the 2ft Prosthetics alumni network
- Participate in weekly video conference calls
- Update the 2ft Prosthetics website

The ideal candidate has experience in social media marketing and public relations with an interest in international development.

**Required Skills and Experience:**

- Must be able to demonstrate strong creative and communication skills
- Experience in graphic design
- Skilled in photography and videography
- Organized with ability to clearly document work
- Self-starter that is willing to work remotely
- Ability to work and communicate asynchronously using tools such as Trello, Google Drive, email and text
- Passionate humanitarian and/or desire to aid underserved amputees is preferred

Send your resume and a paragraph on why you are interested in the internship to Dave Williams ([dave@2ftprosthetics.org](mailto:dave@2ftprosthetics.org)).



This is an exciting opportunity for a 12-week remote program coordinator internship with the 2ft Prosthetics. The desired candidate will play a key role in helping 2ft Prosthetics obtain donated prosthetic components and prepare for humanitarian trips this year to the Dominican Republic and the Philippines.

#### About 2ft Prosthetics

2ft Prosthetics is a Utah-based non-profit focused on helping amputees in developing countries. 2ft Prosthetics was started by a group of BYU students in 2009 and continues to have a presence on BYU campus with a club in the Fulton College of Engineering and Technology.

#### Key Responsibilities:

- Refine our donated prosthetics components inventory management
- Work with the executive director to gather key metrics and communicate them through an Annual Impact Report
- Coordinate with our partner clinics in the Dominican Republic and the Philippines in preparation for humanitarian trips there this year
- Gather donated components for the amputees that we will help in the Dominican Republic and the Philippines
- Participate in semi-weekly video conference calls

The ideal candidate has experience in international development and public health with an interest in working with clinics and patients.

#### Required Skills and Experience:

- Must be able to demonstrate strong communication and organizational skills
- Organized with ability to clearly document work
- Self-starter that is willing to work remotely
- Ability to work and communicate asynchronously using tools such as Trello, Google Drive, email and text
- Passionate humanitarian and/or desire to aid underserved amputees is preferred

Send your resume and a paragraph on why you are interested in the internship to Dave Williams ([dave@2ftprosthetics.org](mailto:dave@2ftprosthetics.org)).

#### Part Time Wellness Intern:

Monovo is a health tech start-up. Our mission is to revolutionize healthcare by eliminating preventable diseases and empowering individuals to take charge of their own health at home!

We are looking for a creative and knowledgeable individual to join our team. As Monovo's Wellness Intern, your role will be to help design and implement our internal wellness program.

#### In this position you will be expected to:

- Utilize best practices in health behavior change to design and implement wellness program strategies for the team
- Research and present emerging topics relevant to the health and wellness arena.
- Collaborate with the wellness team regarding goals and progress
- Health coach
- Build a positive rapport with team members and consistently promote sustainable health
- Organize personal training and teach small group fitness classes when needed
- Monitor team member engagement and report on program outcomes

#### Qualifications:

- A Junior or Senior in a health-related field of study (ie: Exercise Science, Exercise and Wellness, Public Health, etc.)
- A whole health approach to health and wellness. Monovo encourages health that encompasses a balance of all aspects of an individual's wellbeing and we are looking for an individual who practices these principles.
- Experience in personal and/or group fitness training. Preferred, not required.
- 1-2 years' experience in the health and wellness field
- Proficiency with Office 365
- Strong understanding of research and the ability to interpret health data
- Committed self-starter with a history of a strong work ethic
- Strong public speaking and communication skills

#### Intern Details:

- Flexible work schedule (hybrid, 5-10 hours per week)
- December 2022 or January 2023 start date

Email resume to: [gwen.kleinhenz@monovotech.com](mailto:gwen.kleinhenz@monovotech.com)



JOB OPENINGS

## Handshake Job Listings



### Clubs Corner

Have you been wondering how to get involved? Here are a few student clubs that might be of interest to you depending on your emphasis and career goals:

- Y-Serve Refugee
- BYU Public Health Association (BPHA) \* Now Accepting Applications!
- Rotaract
- Allied Health Club
- Healthcare Management Association
- Healthcare Industry Association (HIAu)
- BYU Physical and Occupational Therapy Club
- Fight Malnutrition Club
- Food Insecurity Club
- Partners in Health: Engage
- Nonprofit Management Student Association
- Master of Public Administration Association
- Changemaker Club
- Refugee Empowerment Club
- Team HBV
- BYU American Society of Safety Professionals (ASSP)
- Gerontology Club
- Social Impact Association
- Students for International Development
- Women in Medicine
- BYU Women's Health Organization
- Future Female Physicians



BYU Public Health | Brigham Young University, 4110 LSB, Provo, UT 84602

[Unsubscribe tanya\\_gale@mailing.byu.edu](mailto:tanya_gale@mailing.byu.edu)

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Sent by beth.liechty@byu.edu powered by



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