BYU Public Health
COLLEGE OF LIFE SCIENCES

BYU Public Health Student Newsletter
KEEPING YOU INFORMED

26 October 2022 edition

MARK YOUR CALENDAR
Important Dates

Nov 7 - Withdraw deadline
Nov 23 - NO CLASSES
Nov 24 - THANKSGIVING

Questions about
The Major?

Stephanie Lutz
10-2 pm M-Th
2137 LSB
Before scheduling

Beth Liechty
9-2pm M-Th
3002 LSB
Class planning for the following emphasis:

Carol Stepan
Life Science Adv.
9-5pm M-F
2060 LSB
Class planning for the following emphasis:

• Health Science A-F
• Other LS majors
Please make sure you have done the following:

- Complete the new Learning Suite Path Course (see below)
- Make a list of questions
- Outline your internship plans

By preparing for your appointment, your time with Stephanie will be much more efficient.

To set appointment please call 801-422-3386 or email stephanie_lutz@byu.edu

Beth is also available to talk about AIPs, careers, CHES exam, grad school, and more.

To set appointment please call 801-422-3386 or email beth.liechty@byu.edu

Upcoming Events/Announcements

ANNOUNCEMENTS

INTERNATIONAL BYU PUBLIC HEALTH STUDENTS, SHARE YOUR EXPERIENCE TODAY!

Contact: Millicent

Role: MPH Program

Phone: (801) 960-7602

Email: millice2@byu.edu

BYU Public Health

Are you an international student in the BYU Public Health Program? We Need Your Feedback!
SOCIAL VENTURE ACADEMY

STARTUP SHOWCASE

Wednesday 2 November | 11:30-2 PM | WSC Garden Court

Come vote for your favorite Social Impact Startup!

Free pizza and ice cream!

BALLARD CENTER
BYU MARSHALL

Do Good. Better.

Information Session on Zoom:
Mediterranean Lifestyle/Diet Programs: Greece and Italy
Tuesday November 1 at 8:30 pm
Zoom link: https://byu.zoom.us/j/91436379965 or QR Code
More info: randy.page@byu.edu

Eating, Cooking, and Living the Mediterranean Way: Greek Islands (Spring)

A Taste of Italy: Food, Culture, and Health (Summer)
Information Session on Zoom:
Global Health Internship Programs in 2023
Tuesday November 1 at 7:30 pm
Zoom link: https://byu.zoom.us/j/91436379965 or QR Code
More info: randy_page@byu.edu

Ecuador Global Health
Mexico Global Health
Spain Health Care
Greece Health Care
Fiji Cultural Immersion in Rural Village Life
Native American Health and Sustainability

EUROPE
PUBLIC HEALTH
STUDY ABROAD
See Denmark, Germany, Netherlands, France, Switzerland & more!

Contact Dr. Lori Spruance for more info
lori.spruance@byu.edu
JOIN US IN MALAWI

The application for the International Development Malawi Internship is now available!

- Spring + Summer Term
- All majors welcome
- Unique Research Experience
- Exciting Excursions
- 9 Credit Hours

ATTEND AN INFO SESSION:
October 26 @ 5pm 238 HRBC
October 27 @ 5pm 257 HRBC

for questions contact: brooklynevevwilliams@gmail.com

ASPIRING PUBLIC HEALTH PROFESSIONALS: FOLLOW US
BE PART OF OUR COMMUNITY

@MPHBYU
If you are interested in learning more about the BYU Integrated BS/MPH (4+1) program but were unable to attend the information sessions, the following link goes directly to our Integrated BS/MPH tab on the MPH website where students can see admission requirements, application details, etc. as well as a recording of the information meeting

**Integrated BS/MPH Program Information and Info Session**

If you are planning on doing HLTH 496R internship this winter, spring, summer, please see the flyer below!!
YOUR INTERNSHIP
Adventure

LOOKING TO START YOUR INTERNSHIP IN WINTER 2023?

IN PLACE OF THE MANDATORY MEETING AND MANUAL, JOIN OUR NEW LEARNING SUITE PATH COURSE!

LEARN HOW TO FIND AN INTERNSHIP, GET APPROVED, AND GET REGISTERED!

- SELF-PACED
- TAKES LESS THAN 2 HOURS TO COMPLETE
- GET STARTED RIGHT AWAY

EMAIL YOUR NET ID TO STEPHANIE_LUTZ@BYU.EDU TO GET STARTED

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VOLUNTEER
Join Early Learning Essentials

Weekly volunteer hours!
Read to and play games with pre-school children!

yserve.byu.edu/early-learning-essentials
The BYU public health department is providing an additional resource to help public health students and professionals to take steps to find the right job that fits them and grow their careers. The job board subscription is to help stay updated on the latest employment opportunities available here in...
Subscribe to our Job Board

Handshake

Do you know what Handshake is? Do you know that hundreds of jobs are listed here each week?

Take JUST a minute to check out their website and watch the short video explaining how to get started.

Handshake tutorial and sign up

Public Health Jobs and Internships listed on Handshake

Internships

Visit our website

Visit our website
Handshake
Internship Listings

Winter 2023 Social Media Intern
Click here to see the full job description
- Would you like to help the parents in your community learn how to support their kids’ mental health? Come join our emotional resilience program!
- Volunteer position, 10-15 hours per week, flexible, remote possible
- Create a portfolio to use in your future job applications!

Direct applications to Michaelann Gardner
michaelang@unitedwayuc.org

United Way of Utah County
EVE FY 2023 STRONG
Winter 2023 Social Media Intern

Click here to see the full job description
- Would you like to help the parents in your community learn how to support their kids’ mental health? Come join our emotional resilience program!
- Volunteer position, 10-15 hours per week, flexible, remote possible
- Create a portfolio to use in your future job applications!

Direct applications to Michaelann Gardner
michaelang@unitedwayuc.org
EveryDay Strong Internship

Anxiety and depression are growing issues among kids and teenagers. United Way’s EveryDay Strong project is on a mission to empower parents and other caring adults to know how to build resilience in children.

We’ve already reached over twenty thousand families in Utah and we’re still spreading. As the Mental Health Social Media Intern, you’ll help us remix featured content for our Facebook and Instagram channels to reach more families and teach them how to help their kids feel safe, connected, and confident.

Your qualifications:
- good writing skills and willingness to remix
- a passion for mental health and the ability to refine your own thinking about what mental health is
- the ability to stay on top of tasks and contribute to a team environment
- fluent in English, excellent grammar
- basic technical literacy (if you can use programs like PowerPoint and Word easily, you’ll be set)

Hours per week: 10-15 (flexible, remote possible)

Day to day activities:
- review that week’s featured content and edit/shorten it for an Instagram caption
- select quality photos from our library that match the caption
- use Canva to create simple graphics/graphic images that teach a lesson
- make sure the ‘Link in bio’ matches the content for that week
- draft one email newsletter per month
- draft one article for the local paper per month

We love teaching you all these skills! We anticipate that you will walk away with a strong portfolio of meaningful projects that you can claim full responsibility for.

This is a volunteer position. Usually, it qualifies for school credit; you will need to check the exact requirements of your school. We are happy to fill out any needed paperwork or adjust the job description as needed. There is also a possibility of being supervised by an LCWR if your school requires it for credit.

To apply, please submit the following to nickie@unitedwayut.org
- your resume
- a short cover letter (1-2 paragraphs) explaining how the job might contribute to your long-term career goals and why you would be a good fit for the position

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2F Prosthetics

This is a fantastic opportunity for a 3-2 week remote marketing and social media internship with the 2F Prosthetics. The desired candidate will play a pivotal role in increasing the awareness for our work via marketing and social media strategies.

About 2F Prosthetics

2F Prosthetics is a U.S.-based non-profit focused on helping amputees in developing countries. 2F Prosthetics was started by a group of BYU students in 2009 and continues to have a presence on BYU campus with a club in the Fulton College of Engineering and Technology.

Key Responsibilities:
- Refine and document our marketing strategy.
- Build our brand on social media platforms such as Facebook and Instagram.
- Create copy and content plans for marketing channels.
- Manage $30,000 Google Ads budget.
- Enhance the support for the 2F Prosthetics alumni network.
- Participate in weekly video conference calls.
- Update the 2F Prosthetics website.

The ideal candidate has experience in social media marketing and public relations with an interest in international development.

Required Skills and Experience:
- Must be able to demonstrate strong creative and communication skills.
- Experience in graphic design.
- Skilled in photography and videography.
- Organized with ability to clearly document work.
- Self-starter that is willing to work remotely.
- Ability to work and communicate asynchronously using tools such as Trello, Google Drive, email and text.
- Knowledge of human rights and its role in underserved amputees is preferred.

Send your resume and a paragraph on why you are interested in the internship to Dave Williams (dwilliams@2fprosthetics.org).
This is an exciting opportunity for a 12-week remote program coordinated across two continents: the Dominican Republic and the Philippines, with a potential extension for those interested.

**About 21st Prosthetics**
21st Prosthetics is a chronic illness-focused non-profit focused on helping amputees in developing countries. 21st Prosthetics was started by a group of BU students in 2008 and continue to have a presence on an BU campus with a club in the Fulton College of Engineering and Technology.

**Key Responsibilities:**
- Refine our orthotic prosthetics component inventory management.
- Work with the executive director to gather key metrics and communicate them through an annual impact report.
- Coordinate with our partner clinics in the Dominican Republic and the Philippines to ensure the amputees' needs are met.
- Gather donated components for the amputees that we will help in the Dominican Republic and the Philippines.
- Participate in semi-weekly video conference calls.

**Ideal Candidate:**
- Experience in international development and public health with an interest in working with clinics and patients.

**Required Skills and Experience:**
- Must be able to demonstrate strong communication and organizational skills.
- Organized with ability to clearly document work.
- Self-directed with a willingness to work remotely.
- Ability to work and communicate asynchronously using tools such as Trello, Google Drive, email, and Slack.
- Passionate humanitarian and desire to aid underserved amputees in the Dominican Republic and the Philippines.

Send your resume and a paragraph on why you are interested in the internship to Dave Williams (dave@21stprosthetics.org).

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**Part Time Wellness Intern**

*San Antonio, TX*

**Overview:**

We are a healthtech start-up, and our mission is to revolutionize healthcare by providing preventable and curative solutions and empowering individuals in their journey toward health.

We are looking for a member of our leadership team to take charge of our wellness initiative.

**In this position, you will be expected to:**

- Leverage best practices in health behavior change to design and implement wellness programs across the organization.
- Research and present emerging topics relevant to the health and wellness arena.
- Collaborate with the wellness team regarding program design and implementation.
- Organize personal training and lead small group fitness classes.
- Engage in team-based projects.

**Qualifications:**

- Bachelor’s degree in health sciences or related field.
- Strong writing and presentation skills.
- Experience in project management.
- Experience in health and wellness field.
- Strong understanding of research and the ability to translate health data.
- Comfortable working with a team of diverse individuals.
- Strong public speaking and communication skills.

**Intern Details:**

- 3-6 month work schedule (maximum, 5-25 hours per week)
- Immediate start January 2023
- 6-month contract

Email resume to: paola.lombardo@21stprosthetics.org
Handshake Job Listings

Clubs Corner

Have you been wondering how to get involved? Here are a few student clubs that might be of interest to you depending on your emphasis and career goals:

- Y-Serve Refugee
- BYU Public Health Association (BPHA) * Now Accepting Applications!
- Rotaract
- Allied Health Club
- Healthcare Management Association
- Healthcare Industry Association (HIAu)
- BYU Physical and Occupational Therapy Club
- Fight Malnutrition Club
- Food Insecurity Club
- Partners in Health: Engage
- Nonprofit Management Student Association
- Master of Public Administration Association
- Changemaker Club
- Refugee Empowerment Club
- Team HBV
- BYU American Society of Safety Professionals (ASSP)
- Gerontology Club
- Social Impact Association
- Students for International Development
- Women in Medicine
- BYU Women’s Health Organization
- Future Female Physicians