

BYU Public Health

COLLEGE OF LIFE SCIENCES



BYU Public Health Student Newsletter

KEEPING YOU INFORMED

26 October 2022 edition



MARK YOUR CALENDAR Important Dates

Nov 7 - Withdraw deadline
Nov 23 - NO CLASSES
Nov 24 - THANKSGIVING



Questions *about* The Major?



Stephanie Lutz
10-2 pm M-Th
2137 LSB

Before scheduling



Beth Liechty
9-2pm M-Th
3002 LSB

Class planning for the



Carol Stepan
Life Science Adv.
9-5pm M-F
2060 LSB

Class planning for the
following emphasis:

- Health Science A-F
- Other LS majors

appointment please make sure you have done the following:

- **Complete the new Learning Suite Path Course (see below)**
- make a list of questions
- outline your internship plans

By preparing for your appointment, your time with Stephanie will be much more efficient.

To set appointment please call 801-422-3386 or email stephanie_lutz@byu.edu

following emphases:

- Health Promotion
- Epidemiology
- Environmental / Occupational Health
- Health Science G-Z

Beth is also available to talk about AIPs, careers, CHES exam, grad school, and more.

To set appointment please call 801-422-3386 or email beth.liechty@byu.edu

To set appointment please call 801-422-3042

Upcoming Events/Announcements



INTERNATIONAL BYU PUBLIC
HEALTH STUDENTS.
SHARE YOUR EXPERIENCE TODAY!

Contact: Millicent

Role: MPH Program

Phone: (801) 960-7602

Email: millice2@byu.edu

BYU
Public Health



Are you an international student in the
BYU Public Health Program?

We Need Your Feedback!

SOCIAL VENTURE ACADEMY

STARTUP SHOWCASE

Wednesday 2 November | 11:30-2 PM | WSC Garden Court



Come vote for your favorite Social Impact Startup!

Free pizza and ice cream!

BALLARD CENTER
BYU MARRIOTT

Do Good. Better.

socialimpact.byu.edu
801.422.5283
360 TNRB

Information Session on Zoom: Mediterranean Lifestyle/Diet Programs: Greece and Italy Tuesday November 1 at 8:30 pm

Zoom link: <https://byu.zoom.us/j/91436379965> or QR Code
More info: randy_page@byu.edu



Eating, Cooking, and Living the
Mediterranean Way: Greek Islands
(Spring)



A Taste of Italy:
Food, Culture, and Health
(Summer)

**Information Session on Zoom:
Global Health Internship Programs in 2023**

Tuesday November 1 at 7:30 pm

Zoom link: <https://byu.zoom.us/j/91436379965> or QR Code

More info: randy_page@byu.edu



**Ecuador Global Health
Mexico Global Health**



**Spain Health Care
Greece Health Care**



**Fiji Cultural Immersion in Rural Village Life
Native American Health and Sustainability**



EUROPE PUBLIC HEALTH STUDY ABROAD

See Denmark, Germany,
Netherlands, France, Switzerland
& more!

Contact Dr. Lori Spruance for more info
lori.spruance@byu.edu





JOIN US IN
MALAWI

The application for the International Development
Malawi Internship is now available!



- Spring + Summer Term
- All majors welcome
- Unique Research Experience
- Exciting Excursions
- 9 Credit Hours

ATTEND AN INFO SESSION:
October 26 @ 5pm 238 HRBC
October 27 @ 5pm 257 HRBC

for questions contact: brooklynevewilliams@gmail.com

ASPIRING PUBLIC HEALTH
PROFESSIONALS:
FOLLOW US
BE PART OF OUR
COMMUNITY

  @MPHBYU



BYU Master of Public Health
COLLEGE OF LIFE SCIENCES



If you are interested in learning more about the BYU Integrated BS/MPH (4+1) program but were unable to attend the information sessions, the following link goes directly to our Integrated BS/MPH tab on the MPH website where students can see admission requirements, application details, etc. as well as a recording of the information meeting

[Integrated BS/MPH Program Information and Info Session](#)

IF YOU ARE PLANNING ON DOING HLTH 496R INTERNSHIP THIS WINTER, SPRING, SUMMER, PLEASE SEE THE FLYER BELOW!!

YOUR INTERNSHIP *Adventure*



LOOKING TO START
YOUR INTERNSHIP IN
WINTER 2023?

IN PLACE OF THE
MANDATORY MEETING AND
MANUAL, JOIN OUR NEW
LEARNING SUITE PATH
COURSE!

LEARN HOW TO FIND AN
INTERNSHIP, GET
APPROVED, AND GET
REGISTERED!

- SELF-PACED
- TAKES LESS THAN 2
HOURS TO COMPLETE
- GET STARTED RIGHT
AWAY

EMAIL YOUR NET ID TO
STEPHANIE.LUTZ@BYU.EDU
TO GET STARTED



Join Early Learning Essentials



Scan
for
more
info



Weekly volunteer hours!

Read to and play games
with pre-school children!



yserve.byu.edu/early-learning-essentials

 Public Health

Volunteers Needed!

Interested in the built environment or environmental health?

WE NEED HELP WITH:

- Conducting an environmental observational survey in Utah County (training and materials provided)
- 1.5 hours of training
- 1-2 hours of data collection (with the option of doing more)

Benefits:

Great experience for resumes and applications

Connect with community partners

Free training using survey tools recommended by the CDC and USDA

Contact:

Sarah Callaway
Sarahcall@utahcounty.gov
(801) 581-7529



CAREER CORNER

BYU
Public Health

Job Board
Subscription

Hello, public health job seekers! This is our one-stop shop for all internship, part-time, and full-time jobs that are available here in Utah. When you subscribe, you will receive a weekly job list.

<https://forms.gle/GEN8TNtc6sHDsYPi8>

The BYU public health department is providing an additional resource to help public health students and professionals to take steps to find the right job that fits them and grow their careers. The job board subscription is to help stay updated on the latest employment opportunities available here in

[Subscribe to our Job Board](#)

Handshake

Do you know what Handshake is? Do you know that hundreds of jobs are listed here each week?

Take JUST a minute to check out their website and watch the short video explaining how to get started.

[Handshake tutorial and sign up](#)

[Public Health Jobs and Internships listed on Handshake](#)

Internships



DOMESTIC
INTERNSHIPS

[Visit our website](#)



GLOBAL INTERNSHIPS

[Visit our website](#)

YOUR INTERNSHIP *Adventure*



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Handshake Internship Listings



United Way of Utah County

Winter 2023 Social Media Intern

[Click here to see the full job description](#)

- Would you like to help the parents in your community learn how to support their kids' mental health? Come join our emotional resilience program!
- Volunteer position, 10-15 hours per week, flexible, remote possible
- Create a portfolio to use in your future job applications!



Direct applications to Michaelann Gardner
michaelann@unitedwayuc.org

Anxiety and depression are growing issues among kids and teenagers. United Way's EveryDay Strong project is on a mission to empower parents and other caring adults to know how to build resilience in children.

We've already reached over twenty thousand families in Utah and we're still spreading. As the Mental Health Social Media Intern, you'll help us remix featured content for our Facebook and Instagram channels to reach more families and teach them how to help their kids feel safe, connected, and confident.

Your qualifications:

- good writing skills and willingness to revise
- a passion for mental health and the ability to refine your own thinking about what mental health is
- the ability to stay on top of tasks and contribute to a team environment
- fluent in English, excellent grammar
- basic technical literacy (if you can use programs like PowerPoint and Word easily, you'll be set)

Hours per week: 10-15 (flexible; remote possible)

Day to day activities:

- review that week's featured content and edit/shorten it for an Instagram caption
- select quality photos from our library that match the caption
- use Canva to create simple graphics/quote images that teach a lesson
- make sure the "link in bio" matches the content for that week
- draft one email newsletter per month
- draft one article for the local paper per month

We love teaching you all these skills! We anticipate that you will walk away with a strong portfolio of meaningful projects that you can claim full responsibility for.

This is a volunteer position. Usually, it qualifies for school credit: you will need to check the exact requirements of your school. We are happy to fill out any needed paperwork or adjust the job description as needed. There is also a possibility of being supervised by an LCSW if your school requires it for credit.

To apply, please submit the following to michaelanng@unitedwayuc.org

- your resume
- a short cover letter (1-3 paragraphs) explaining how this job might contribute to your long-term career goals and why you would be a good fit for the position



This is a fantastic opportunity for a 12-week remote marketing and social media internship with the 2ft Prosthetics. The desired candidate will play a pivotal role in increasing the awareness for our work via marketing and social media strategies.

About 2ft Prosthetics

2ft Prosthetics is a Utah-based non-profit focused on helping amputees in developing countries. 2ft Prosthetics was started by a group of BYU students in 2009 and continues to have a presence on BYU campus with a club in the Fulton College of Engineering and Technology.

Key Responsibilities:

- Refine and document our marketing strategy
- Build our brand on social media platforms such as Facebook and Instagram
- Create copy and content plans for marketing channels
- Manage \$10,000 Google Ads ad spend
- Enhance the support for the 2ft Prosthetics alumni network
- Participate in weekly video conference calls
- Update the 2ft Prosthetics website

The ideal candidate has experience in social media marketing and public relations with an interest in international development.

Required Skills and Experience:

- Must be able to demonstrate strong creative and communication skills
- Experience in graphic design
- Skilled in photography and videography
- Organized with ability to clearly document work
- Self-starter that is willing to work remotely
- Ability to work and communicate asynchronously using tools such as Trello, Google Drive, email and text
- Passionate humanitarian and/or desire to aid underserved amputees is preferred

Send your resume and a paragraph on why you are interested in the internship to Dave Williams (dave@2ftprosthetics.org).



This is an exciting opportunity for a 12-week remote program coordinator internship with the 2ft Prosthetics. The desired candidate will play a key role in helping 2ft Prosthetics obtain donated prosthetic components and prepare for humanitarian trips this year to the Dominican Republic and the Philippines.

About 2ft Prosthetics

2ft Prosthetics is a Utah-based non-profit focused on helping amputees in developing countries. 2ft Prosthetics was started by a group of BYU students in 2009 and continues to have a presence on BYU campus with a club in the Fulton College of Engineering and Technology.

Key Responsibilities:

- Refine our donated prosthetics components inventory management
- Work with the executive director to gather key metrics and communicate them through an Annual Impact Report
- Coordinate with our partner clinics in the Dominican Republic and the Philippines in preparation for humanitarian trips there this year
- Gather donated components for the amputees that we will help in the Dominican Republic and the Philippines
- Participate in semi-weekly video conference calls

The ideal candidate has experience in international development and public health with an interest in working with clinics and patients.

Required Skills and Experience:

- Must be able to demonstrate strong communication and organizational skills
- Organized with ability to clearly document work
- Self-starter that is willing to work remotely
- Ability to work and communicate asynchronously using tools such as Trello, Google Drive, email and text
- Passionate humanitarian and/or desire to aid underserved amputees is preferred

Send your resume and a paragraph on why you are interested in the internship to Dave Williams (dave@2ftprosthetics.org).

Part Time Wellness Intern:

Monovo is a health tech start-up. Our mission is to revolutionize healthcare by eliminating preventable diseases and empowering individuals to take charge of their own health at home!

We are looking for a creative and knowledgeable individual to join our team. As Monovo's Wellness Intern, your role will be to help design and implement our internal wellness program.

In this position you will be expected to:

- Utilize best practices in health behavior change to design and implement wellness program strategies for the team
- Research and present emerging topics relevant to the health and wellness arena.
- Collaborate with the wellness team regarding goals and progress
- Health coach
- Build a positive rapport with team members and consistently promote sustainable health
- Organize personal training and teach small group fitness classes when needed
- Monitor team member engagement and report on program outcomes

Qualifications:

- A Junior or Senior in a health-related field of study (ie: Exercise Science, Exercise and Wellness, Public Health, etc.)
- A whole health approach to health and wellness. Monovo encourages health that encompasses a balance of all aspects of an individual's wellbeing and we are looking for an individual who practices these principles.
- Experience in personal and/or group fitness training. Preferred, not required.
- 1-2 years' experience in the health and wellness field
- Proficiency with Office 365
- Strong understanding of research and the ability to interpret health data
- Committed self-starter with a history of a strong work ethic
- Strong public speaking and communication skills

Intern Details:

- Flexible work schedule (hybrid, 5-10 hours per week)
- December 2022 or January 2023 start date

Email resume to: gwen.kleinhenz@monovotech.com



JOB OPENINGS

Handshake Job Listings



Clubs Corner

Have you been wondering how to get involved? Here are a few student clubs that might be of interest to you depending on your emphasis and career goals:

- Y-Serve Refugee
- BYU Public Health Association (BPHA) * Now Accepting Applications!
- Rotaract
- Allied Health Club
- Healthcare Management Association
- Healthcare Industry Association (HIAu)
- BYU Physical and Occupational Therapy Club
- Fight Malnutrition Club
- Food Insecurity Club
- Partners in Health: Engage
- Nonprofit Management Student Association
- Master of Public Administration Association
- Changemaker Club
- Refugee Empowerment Club
- Team HBV
- BYU American Society of Safety Professionals (ASSP)
- Gerontology Club
- Social Impact Association
- Students for International Development
- Women in Medicine
- BYU Women's Health Organization
- Future Female Physicians



BYU Public Health | Brigham Young University, 4110 LSB, Provo, UT 84602

[Unsubscribe tanya_gale@mailing.byu.edu](mailto:tanya_gale@mailing.byu.edu)

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Sent by beth.liechty@byu.edu powered by



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