

BYU Public Health

COLLEGE OF LIFE SCIENCES



BYU Public Health Student Newsletter

KEEPING YOU INFORMED

13 July 2022 edition



MARK YOUR CALENDAR Important Dates

Aug 9 - Last day of Summer classes
Aug 29 - First day of Fall classes



Questions *about*
The Major?

SUMMER HOURS MAY VARY



Stephanie Lutz



Beth Liechty



Carol Stepan

10-2 pm M-Th
2137 LSB

Before scheduling appointment please make sure you have done the following:

- Read the entire [internship manual](#)
- make a list of questions
- outline your internship plans

By preparing for your appointment, your time with Stephanie will be much more efficient.

To set appointment please call 801-422-3386 or email stephanie_lutz@byu.edu

9-2pm M-Th
3002 LSB

Class planning for the following emphases:

- Health Promotion
- Epidemiology
- Environmental / Occupational Health
- **Health Science G-Z**

Beth is also available to talk about AIPs, careers, CHES exam, grad school, and more.

To set appointment please call 801-422-3386 or email beth.liechty@byu.edu

Life Science Adv.
9-5pm M-F
2060 LSB

Class planning for the following emphasis:

- **Health Science A-F**
- Other LS majors

To set appointment please call 801-422-3042

Internship Manual

Upcoming Events/Announcements



HIRING

Health 450 TA's



Resumes due Friday, July 15th
to stephanie_lutz@byu.edu

Requirements:

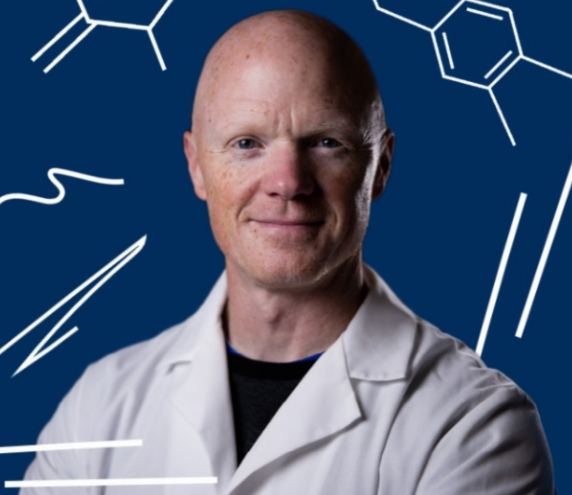
- 2 semester commitment
- Previous 450 student w/ A- or higher
- Training availability within the first 2 weeks of August
- Availability to attend Tues/Thurs morning 450 classes

2 TA's will be hired- one to oversee the 450 class and one to oversee
Public Health internships, feel free to apply with a friend!

EPISODE 3:

Insulin: The Culprit of Chronic Disease

Learn why insulin resistance is a problem, what causes it, and what preventions you can take with Dr. Ben Bikman



GRE/GMAT: Live Broadcast Info Session

TestPerfect is inviting students to their GRE/GMAT info session (live online broadcast). Their instructor, Phil Hatch, scored perfect on the GRE, perfect on the LSAT, and 790 out of 800 on the GMAT. They'll explain what to expect on test day, how to prepare for the tests, and math, verbal, and strategy skills.

BROADCAST*

Tuesday, August 2nd

Register:

GRE 6:00-7:30 PM MT

Wednesday, August 3rd

Register:

GMAT 6:00-7:30 PM MT

*A recorded version will also be sent to registrants after the broadcast.

CAREER CORNER

Handshake

Do you know what Handshake is? Do you know that hundreds of jobs are listed here each week?

Take JUST a minute to check out their website and watch the short video explaining how to get started.

[Handshake tutorial and sign up](#)

Public Health Jobs and Internships listed on Handshake

Internships



DOMESTIC
INTERNSHIPS

[Visit our website](#)

[Handshake
Internship Listings](#)



[Nutrition Program
Internship](#)



GLOBAL INTERNSHIPS

[Visit our website](#)

FALL INTERNSHIPS

AFPC INTERNSHIP PROGRAM

JOIN THE TEAM!



AMERICAN FOREIGN POLICY COUNCIL
INTERNSHIP PROGRAM OPPORTUNITY
Do you have a strong interest in foreign policy and national security?

ABOUT AFPC
For close to four decades, the American Foreign Policy Council (AFPC) has played an essential role in the U.S. foreign policy debate. Founded in 1952, AFPC is a 501(c)(3) non-profit organization dedicated to bringing information to those who make or influence the foreign policy of the United States.
AFPC is widely recognized as a source of timely, insightful analysis on issues of foreign policy, and works closely with members of Congress, the Executive Branch and the policy-making community. It is staffed by noted specialists in foreign and defense policy and serves as a valuable resource to officials in the highest levels of government.

AFPC PROGRAMS

- Central Asia/Caucasus Institute
- China Program
- Countering Islamic Extremism Project
- Defense Technology Program
- Future of Public Diplomacy Project
- Indo-Pacific Security Program
- Middle East Program
- Russia and Ukraine Program
- Space Policy Initiative
- U.S. Foreign Policy and National Security Program

ABOUT THE INTERNSHIP PROGRAM
As the United States navigates today's complex strategic environment, it needs to nurture new leaders capable of understanding and addressing contemporary challenges. The internship program at the American Foreign Policy Council (AFPC) provides aspiring young foreign policy leaders with the opportunity to thrive and begin contributing to national security in a meaningful way.
AFPC's internships are awarded three times a year (January to April, May to August, and September to December). Our program is rigorous and research-based; as such, we award positions only to those who are capable of serious work. Almost all our interns delve into large research projects and assist with the publication of articles and/or the organizing and execution of events with foreign dignitaries. Interns are provided the opportunity to work closely with foreign policy professionals, thanks to the relatively small size of our organization and the selectivity of our intern program. Many of our interns have been published in prestigious media outlets, including *The Hill*, *Newsweek*, *The National Interest*, the *Washington Times*, *CNN.com*, and the *Wall Street Journal Europe*, among others.

FULLY FUNDED OPPORTUNITIES
AFPC was formally awarded a grant from the Ascendium Education Group to underwrite qualifying intern housing expenses, meals, local transportation costs, and a flight to/from DC. The grant applies specifically to undergraduate students who require financial support (must prove federal U.S. Pell grant eligibility) to travel to and live in DC as well as earn college credit for their internships.
Ascendium Education Group is a 501(c)(3) nonprofit organization committed to helping people reach the education and career goals that matter to them with investments in initiatives designed to increase the number of students from low-income backgrounds who complete postsecondary degrees, certificates and workforce training programs.



WHERE DO AFPC INTERN ALUMNI WORK?
AFPC interns have obtained foreign policy and national security-oriented positions in the U.S. Government or pursued advanced degrees. Their places of employment (or study) include:

- U.S. Departments of State, Defense, Justice, Commerce, Energy
- Intelligence Community (CIA, NSA, DIA, FBI)
- U.S. Congressional staff offices
- Private sector consulting firms
- Top Graduate and Law school programs

For more information visit www.afpc.org/about/internships

Internship Opportunity!
Application Deadline JULY 15.
American Foreign Policy Council now offering an internship opening in DC, see flyer above.

To apply, combine all requested application materials into one PDF file and email as an attachment to Sydney Duckor at internships@afpc.org –

Application Materials:

- Cover letter- *include info on your available hours for fall (M-Th, no Fridays, 32-40 hours per week, beginning early Sept. and ending early Dec.)*
- Resume
- Foreign policy related writing sample (four pages or less)



Internship Opportunities for Fall 2022
with United Way of Utah County



WELCOME BABY OF UTAH COUNTY

Welcome Baby is a free home visitation program designed to promote a healthy, secure, and enjoyable beginning for new babies and their parents. Interns play a crucial role in the success of this program. Some responsibilities include: assisting with playgroups, home visitation, managing referrals, posting to social media, weekly parenting classes, maintaining daily operations, and preparing materials for home visits.

Welcome Baby is looking for 3 interns for August 29th - December 8th 2022. A 15 hr/week minimum is required. Interns must also be available Thursday nights 5 pm - 8:30 pm



Apply online at welcomebabyuc.org



Community Outreach and Engagement Internship Huntsman Cancer Institute

Huntsman Cancer Institute (HCI) at the University of Utah is seeking applicants for the Community Outreach and Engagement (COE) internship program. Selected interns will join established teams devoted to creating long-term solutions to prevent and screen for cancer and improve the health of individuals, families, and communities. Interns will engage in program planning and design; community health needs assessment activities; equity, diversity, and inclusion efforts; community and patient health promotion and education; HCI training efforts; community health and screening events; coalition work; professional development; personal projects; and with many other teams and projects to receive a broad perspective of community engagement work.

Eligibility & Commitment:

The COE internship is for graduate and undergraduate students.

Graduate Internship: 15 weeks, 20 hours/week (300 total)

Undergraduate Internship: 15 weeks, 10-15 hours/week (150-225 total)

*Interns can expect 50% of their internship to be done virtually/remote

Application & Internship Timeline:

A new cohort of interns is accepted 3 times per year:

Spring Internship: January - April (Applications due **November 1**)

Summer Internship: May - August (Applications due **March 1**)

Fall Internship: September - December (Applications due **July 1**)

How to Apply:

Interested students should email the following items to: nathaniel.ferro@hci.utah.edu

- Current Resume including current schoolwork
- Cover Letter that includes the student's goals and expectations of the internship
- One letter of recommendation from an employer, professor, or mentor. Letters can be sent from the student or the letter writer

If you have any questions, reach out via email at any time.



Friends for Sight is looking
to recruit Vision Program
Interns for **Fall 2022.**

Vision Program Interns will travel to various
schools across Utah County (and

occasionally Salt Lake County) to assist with vision screenings of preschoolers and K-12 students. This is an unpaid internship, but a travel stipend will be awarded at the completion of a successful internship.

Applicants must have at least 3 weekday mornings (from 8am to 12pm) available each week for internship duties. Must also have reliable transportation to get to screening locations, and reliable internet to work on projects remotely.

Applicants with less availability who are interested in spreading required internship hours across Fall AND Winter semesters will also be considered.

Interested applicants can send resumes or any questions to Haley Smedley at haley@friendsforsight.org.

Vision Program Intern



Parent Support Internship Fall 2022

Apply online here: <https://helpmegrowutah.org/who-we-are/get-involved>

Help Me Grow Utah is a free pregnancy and child development helpline where families and providers can connect to developmental screenings, community resources and information. Parent Support interns share responsibilities similar to our Parent Support

Specialists including:

- Helping families enroll with Help Me Grow by email, text, or phone
- Interpreting and giving results of child development questionnaires to parents
- Researching community and informational resources to provide to families as applicable
- Following up with families to see if resources have worked for them
- Writing blog posts about child development topics of interest to you
- Other office tasks as necessary

Interviews will be held in-person. The internship will be completed in-person as well. Our office is located in Provo, UT. A minimum commitment of 15 hr/week is required throughout the semester.

Questions may be sent to internships@unitedwayuc.org

Help Me Grow Utah is proud to be an initiative of the [United Way of Utah County](#)



HELP ME GROW UTAH

Community Outreach Internship Fall 2022

Apply online here: <https://helpmegrowutah.org/who-we-are/get-involved>

Help Me Grow Utah is a free pregnancy and child development helpline where families and providers can connect to developmental screenings, community resources and information. Community outreach interns share responsibilities similar to our Community Liaisons including:

- Working closely with the Community Liaison to plan and attend outreach events for families, services providers, and physicians.
- Become proficient in the explanation of the Help Me Grow model.
- Help with the gathering and organizing of resources in the community.
- Plan and organize activity kits and volunteer work
- Contribute to the furthering of partnerships between Help Me Grow and community partners.

The internship can be a hybrid of remote and in-person work. Our office is located in Provo, UT. A minimum commitment of 15 hr/week is required throughout the semester. Questions may be sent to internships@unitedwayuc.org

Help Me Grow Utah is proud to be an initiative of **LIVE UNITED**
the **United Way of Utah County**



INTERNSHIP OPPORTUNITIES FALL 2022

HELP ME GROW UTAH

Help Me Grow Utah (HMGU) is a free family information line designed to promote the optimal development of young children by linking families to information and community resources related to child development and parenting, providing personalized care coordination, and creating and facilitating partnerships within the community to improve the availability and quality of services for families.

Help Me Grow is looking for an Early Childhood Social Media Intern for the Winter semester to assist in the management of our Facebook, Instagram, Pinterest, and Blog platforms.

A 15 hr/week minimum commitment is required.

Hours are flexible.

Apply online here:

<https://helpmegrowutah.org/who-we-are/get-involved>



JOB OPENINGS

Handshake Job Listings



Utah Department of
Health & Human Services
Population Health

The Office of Maternal & Child Health, Division of Family Health is hiring a program coordinator to help oversee the Utah Teen Pregnancy Prevention grants (PREP & SRAE), as well as a project for youth with special needs through Utah State University. You may find the job posting [here](#).



Job Description: Bilingual Health Educator
Full-Time: 40 hours/week, no benefits
Salary: \$18/hr.

Centro Hispano is recruiting a full-time, bilingual health educator in our Health Promotion Department. We educate in order to empower the community in making goals and plans for their future through healthy behaviors and communication skills.

Position activities:

- Implement evidence based curricula to reduce teen pregnancy and STD/STI transmission risk among adolescents
- Facilitate parent-teen communication program
- Provide healthy communication skills to youth and adults
- Recruit parents and youth to participate in youth and parent programming through outreach, working with community partners, and contacting youth and parents individually in a variety of settings
- Create social media content to promote programming, and healthy life skills
- Attend meetings and trainings as requested by grantors and Promotion Department Coordinator
- Represent Centro Hispano in community and partnering agency meetings and events
- Assist in developing or improving outreach materials for programming in both Spanish and English
- Plan and attend Centro Hispano sponsored events
- Attend health/community fairs hosted by local partners
- Co-chair Centro Hispano's Hispanic Roundtable
- Assist Health Promotion Department Coordinator with other department and company needs

Qualifications:

- Bilingual in English and Spanish (required)
- Ability and desire to engage and work with at-risk youth and their families
- 1-2 years experience working with youth
- 6-12 months experience in community/public health.
- Excellent interpersonal skills and the ability to establish and maintain effective relationships with volunteers, community partners, and community members
- Comfortable with contacting and following-up with interested participants over the phone
- Outstanding oral and written skills
- Comfortable discussing sexual health topics with youth, parents, and community leaders
- Excellent organizational skills and attention to detail, including the ability to consistently follow-through and meet deadlines
- Highly motivated, self-starter, and passionate about the health needs of the community
- Ability to work and contribute as part of a team
- Willing to adapt to changing circumstances, and make both personal and program improvements where necessary
- Flexible schedule; may require evening and weekend hours

Interested applicants, please send a cover letter and resume with three references to Abraham Hernandez (abrahamh@centrohispanouc.org) by 11:59pm on Wednesday, June 8, 2022.

NOTE: Interviews will take place June 13-15. Position is slated to begin as early as July 5, 2022.



Center for Change, one of the most respected facilities for the treatment of eating disorders, is seeking part-time, and part-time on-call, female Behavioral Health Techs to collaborate with The Center's multidisciplinary treatment team in providing safe, secure, and supportive treatment to inpatients suffering from Anorexia and Bulimia.

This is an excellent opportunity for college students who are studying behavioral or public health to gain exposure and build experience in the field. Part-time techs typically work from 8 to 16 hours/week. Many students work up to 24 hours per week based upon their availability for open shifts.

We are currently offering signing bonuses! New Techs will receive \$1,500 (paid out in 3 increments over your first year of employment).

Please visit our website to learn more about The Center: <http://centerforchange.com/>

Go to our Careers page, click to view all openings and then select the Behavioral Health Tech job opening to complete and submit your online application <https://jobs.uhsinc.com/center-for-change>



SLCHD Health Educator



Clubs Corner

Have you been wondering how to get involved? Here are a few student clubs that might be of interest to you depending on your emphasis and career goals:

- | | |
|--|--|
| <ul style="list-style-type: none">● Y-Serve Refugee● BYU Public Health Association (BPHA) * Now Accepting Applications!● Rotaract● Allied Health Club● Healthcare Management Association● Healthcare Industry Association (HIAu)● BYU Physical and Occupational Therapy Club | <ul style="list-style-type: none">● Nonprofit Management Student Association● Master of Public Administration Association● Changemaker Club● Refugee Empowerment Club● Team HBV● BYU American Society of Safety Professionals (ASSP)● Gerontology Club● Social Impact Association● Students for International Development● Women in Medicine● BYU Women's Health Organization● Future Female Physicians |
|--|--|
-



[Unsubscribe tanya_gale@mailing.byu.edu](#)

[Update Profile](#) | [Constant Contact Data
Notice](#)

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