

Nutrition Program Internship

You are invited to apply with our Mountainland Nutrition Program Internship. We would be delighted to have you as part of our team this semester. Our goal is to make this internship as beneficial to you as it is to us.

Internship Duties

The internship will give you an inside look at the running of a public health program in Utah County working with the elderly. The duties include, but are not limited to:

- Complete new client assessments and annual re-assessments for seniors who are receiving Meals on Wheels. You would visit their home and complete a nutritional evaluation and then enter that information into our online database.
- Data entry for local senior center recipes in ESHA, a state food processor software
- Deliver meals on our volunteer routes
- Assist with menu planning for our monthly menu. This includes attending our quarterly dietary meetings and visiting with the cooks at the Security Center (where meals are prepared)
- A variety of event preparations and execution (depending on the semester)
- Assist with volunteer management
- Other duties as assigned

Internship Salary

This is an unpaid internship. However, we will reimburse the mileage used while driving for us.

Internship Hours

The internship is a minimum of 15 hours a week but can be more. Specific hours will be arranged with the supervisor. The schedule is flexible.

Apply at: https://mountainland.org/hdm_volunteers/apply

And send a resume to: jgolding@mountainland.org

Please contact us if you have any questions:

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