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BYU Public Health

ADVISING

14 Oct 2020

If you have questions regarding this major, the new curriculum, mapping out your classes, or have questions in general about what is expected of you, please feel free to make an appointment with a Public Health department advisor by calling 801-422-3386.

****ADVISING APPOINTMENT HOURS****

Stephanie and Beth are happy to chat via email, phone conversations, FT, Skype, Google Hangout, whatever works best for you. You may still make an appt by calling the number above or you may email Stephanie or Beth directly.

Stephanie Lutz (Internship Coordinator)

T/TH in person appts

M/W Zoom appts

9-2pm

Beth Liechty (Class planning)

9-2pm M-Th Zoom appts

Tuesday in person appts

Before meeting with Stephanie about internship questions, please read the entire internship manual, make a list of questions, and outline your internship plans. The manual will answer many of your questions. By preparing for your appointment, your time with Stephanie will be much more efficient.

Just a reminder that the Department of Public Health has a Facebook page where you can find current news and event information!

*Find us at **BYU Public Health***

*You may also find department news on our website: **PH.BYU.EDU***

ADVISEMENT ANNOUNCEMENTS

Winter 2021 Course Catalog is now open! Please make sure to fill up your [registration cart](#) and submit it by 6 p.m. MT the day before your priority registration date. Priority registration begins Oct 19. Find your date [here](#)

Looking for an elective to take next semester? Consider HLTH 482: Medical Geography, taught by Dr Chantel Sloan.

Past medical geography students have been building out

this [4cornershealthatlas](#) site over the course of a couple semesters, and wanted to start sharing it with people. Take a look and try something new!

The BYU Public Health Association is beginning a mentorship program where students have the opportunity to be a mentor or to be mentored. Use the QR code below or [this google doc link](#) to sign up!



Want to be
involved in the
mentorship
program with
BPHA?



CHECK OUT THESE MOVIES MADE FOR YOU



Experience Greece's Blue Zone

- The island of Ikaria is a **blue zone**
- A place where people are many times more likely to live past 90
- Six-day adventure on this rugged island
- Experience the culture and ways of life
- Discover Ikarian secrets of longevity

▶ 🔊 00:04 / 01:49

Go to www.byuglobalhealth.org/watch-these-movies to catch these movies and see what is like to go to Greece, Thailand, Uganda, and elsewhere. Catch the culture, the health experiences, and the adventure in 2021. Sign up for info meetings which start on October 16



*Want to go to England, Belgium, Netherlands, Germany,
Luxembourg, France, Denmark, and Sweden?*

Come Join us on the Europe Public Health Study Abroad!



Students will be immersed in the local culture as they experience European environments and lifestyle. Students will experience the impact of social and built environments (culture) on their own and others' behaviors. Students will observe how public health programs and policies in Europe contribute to the overall health of populations. They will learn innovative approaches to tackling public health challenges such as obesity, diabetes, heart disease, and other chronic conditions.

We are currently accepting students for Summer 2021, June 22nd-July 23rd. Applications will be received until spots are filled, or until December 20th.

Apply on the Kennedy Center's website: <http://kennedy.byu.edu/europe-public-health/>

For more details or questions contact:

Josh West, 422-3444, josh.west@byu.edu

Ben Crookston, 422-3143, benjamin_crookston@byu.edu

Cougar Hall, 422-5656, cougar_hall@byu.edu

or visit LSB 2138/2139

Instagram: [byupublichealtheuro](https://www.instagram.com/byupublichealtheuro)

UPCOMING EVENTS

PUBLIC HEALTH MATTERS

MENTAL HEALTH



Dr. Carl
Hanson

PhD, MCHES



Pansorn
Benyasut

M.A.

MENTAL HEALTH ISSUES ON CAMPUS

Thursday
October 15th

Sign up
6:30PM



Share your favorite coping mechanism
on your Instagram and tag @byubpha for
a chance to win a Chick Fil A gift card!



Upcoming Info Session Meetings Global Health Internship Programs



Friday October 16
1 pm Mountain Time

Friday October 23
10 am Mountain Time



Questions: Contact Randy M Page
randy_page@byu.edu www.byuglobalhealth.org

This meeting on the 16th focuses on these programs

- **Argentina or Ecuador** Global Health
- **Uganda** Maternal/Child Health, HIV, & Health Access

Meet Dr. Jessica Evert, CEO of partner organization (CFHI) in these countries
Join us by clicking on the following Zoom link on Friday October 16 at 1 pm

This meeting on the 23rd focuses on these programs

- **Fiji** Mental Health Promotion
- **Fiji** Youth Empowerment

Meet Think Pacific staff – our partner organization in Fiji. Bring your questions. Join us by clicking on the following pre-registration & Zoom link: *(Notice requires quick & simple pre-registration – please register in advance)*

ZOOM LINKS FOR INFO MEETINGS MENTIONED ABOVE:

Argentina OR Ecuador Global Health & Uganda Maternal/Child Health, HIV, and Health Access Zoom Info Meeting on Friday October 16 at 1 pm Mountain Time (no pre-registration required)

<https://byu.zoom.us/j/91941181043?pwd=bklER2ZZcm5JMm5YNUo1OEJiNzZiQT09>


Fiji Registration Link for Zoom Info Meeting on Friday October 23 at 10 am Mountain Time (be sure to register in advance/it's quick & simple)

https://us02web.zoom.us/webinar/register/WN_SOUEiJwhQMq6OamIvJakvQ

International expert in obesity treatment and research


Nikhil Dhurandhar
College of Life Sciences Seminar

“We need obesity management. Not just weight loss”


SCAN TO JOIN THE MEETING

Thursday, November 12, 2020
11:00 a.m. - 12:00 p.m.
Via Zoom

BYU Public Health



CPR & First Aid

BLS/CPR Training and First Aid

If you are needing **CPR recertification**, **first-time CPR instruction**, and/or **First-aid**, the following dates are available for these classes:

*October 26 -- CPR recertification

*November 7 (Saturday -- Full BLS-CPR class for those who have never taken a BLS CPR class before)

*November 9 -- CPR recertification

*November 16 -- CPR recertification

If you need First-aid, it will be offered on the CPR recertification days only.

Please email Elle at emssconference@msn.com for class details.

VOLUNTEER

DOMESTIC INTERNSHIPS



ATTENTION FALL INTERNS:

**DUE TO COVID- 19 CIRCUMSTANCES,
THE DEPARTMENT WILL BE CONTINUING
THE ALTERNATIVE ASSIGNMENT FOR
STUDENTS UNABLE TO SECURE A
REMOTE OR IN-PERSON
INTERNSHIP FOR FALL 2020.**

**PLEASE CONTACT STEPHANIE LUTZ WITH QUESTIONS
STEPHANIE_LUTZ@BYU.EDU**

Please refer to the current Internship Manual to find answers regarding your internship. Please read the manual prior to attending your mandatory internship meeting (see above for dates/times)

[Internship Manual](#)



Those interested in applying for the Y Be Fit internship for **Winter 2021** are strongly encouraged to attend the following Zoom information meeting:

Wednesday, October 14th

@ 5:00 pm, <https://byu.zoom.us/j/95183683850>

The Y Be Fit internship is a paid internship and provides meaningful experience to students seeking careers in work-site health promotion, personal training, health coaching, and other health-related fields.

Each info meeting will last approximately 30 minutes. The purpose of the meetings is to acquaint students with the internship responsibilities, application process, and frequently asked questions. If you are unable to attend, email ybefitdirectors@gmail.com for a recording of the meeting.

Additional information about the online application process, including application deadlines, is available on our website under the “Internship” tab.

Note that the application deadline is Friday, October 30th at 11:59 p.m

**MAG**

Expert Resources. Enriching Lives.

**LOVE YOUR
LATER LIFE**

Nutrition Program Internship

You are invited to apply with our Mountainland Nutrition Program Internship. We would be delighted to have you as part of our team this semester. Our goal is to make this internship as beneficial to you as it is to us.

Internship Duties

The internship will give you an inside look at the running of a public health program in Utah County. The duties include, but are not limited to:

- Complete new client assessments and annual re-assessments for seniors who are receiving Meals on Wheels. You would visit their home and complete a nutritional evaluation and then enter that information into our online database.
- Data entry for local senior center recipes in ESHA, a state food processor software
- Deliver meals on our volunteer routes
- Assist with menu planning for our monthly menu. This includes attending our quarterly dietary meetings and visiting with the cooks at the Security Center (where meals are prepared)
- A variety of event preparations and execution (depending on the semester)
- Assist with volunteer management
- Other duties as assigned

Internship Salary

This is an unpaid internship. However, we will reimburse the mileage used while driving for us.

Internship Hours

The internship is a minimum of 15 hours a week but can be more. Specific hours will be arranged with the supervisor. The schedule is flexible.

Apply at: www.mountainland.org/volunteermow

And send a resume to: jgolding@mountainland.org

Please contact us if you have any questions:

Jimmy Golding

Volunteer Program Coordinator, Meals on Wheels
Mountainland Association of Governments
Office: 801-229-3821
jgolding@mountainland.org

Jeremy Pehrson

Nutrition Program Manager, Meals on Wheels
Mountainland Association of Governments
Office: 801-229-3803 Cell: 801-227-9282
jpehrson@mountainland.org



INTERNSHIP

WEBER-MORGAN HEALTH DEPARTMENT

Our interns work within the Division of Health Promotion. They complete objectives in various program areas, obtain hands-on experience in CHES competencies, and better learn what it means to get real-life experience as a Community Health Educator.



Benefits

Most internships provide an intern with experience in only one program area, while we provide students with experience in **ALL** of our health promotion programs.

Students will work in the following areas:

- **Physical activity, nutrition, and obesity prevention**
- **Teen Health and teen pregnancy prevention**
- **Tobacco Prevention**
- **Injury Prevention**



Qualifications

- Must be pursuing a degree in Health Education
- Must have completed or be enrolled in a program planning class
- Must be eligible to begin earning internship credits
- Must be able to complete 200 hours
- Must be dependable, computer-literate, organized, self-motivated, and nicotine-free
- Must have reliable transportation as program activities require intern to travel to multiple locations

Now Recruiting Interns!

Accepting Applications for 2021 Spring Semester Internships (January- April)

Deadline - Oct. 16, 2020

For more information and to apply, visit

<http://www.webermorganhealth.org/internships/>
or contact

Bethsa Becerra at (801) 399-7192 or
wminterncoordinator@co.weber.ut.us



477 23rd St. Ogden, UT 84401

Health Promotion

Third Floor

HELP ME GROW UTAH

Care Coordination Internship Winter 2021

Apply online here: <https://www.helpmegrowutah.org/who-we-are/join-our-team>

Help Me Grow Utah is a free pregnancy and child development helpline where families and providers can connect to developmental screenings, community resources and information. Care coordination interns share responsibilities similar to our Parent Support Specialists including:

- Helping families enroll with Help Me Grow by email, text, or phone
- Interpreting and giving results of child development questionnaires to parents
- Researching community and informational resources to provide to families as applicable
- Following up with families to see if resources have worked for them
- Writing blog posts about child development topics of interest to you
- Other office tasks as necessary

Interviews will be held virtually. The entire internship experience can be completed remotely, though intern must be able to pick up/return their office phone and other training equipment as necessary. Our office is located in Provo, UT. A minimum commitment of 15 hr/week is required throughout the semester.

Help Me Grow Utah is proud to be an initiative of the United Way of Utah County.



INTERNATIONAL INTERNSHIPS



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randy_page@byu.edu www.byuglobalhealth.org

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BYU Global Health Internship Program

The World is Our Classroom



Announcing Programs for Spring & Summer 2021

- Fiji (new in 2021!) – Mental Health Promotion or Youth Empowerment
- Thailand (new in 2021!)
- Greece – two program options
- Spain – new location Seville
- Portugal – new location Coimbra
- Ghana
- Uganda
- Argentina/Ecuador – new opportunities in Ecuador
- Mexico

More info: Contact Dr
Randy M Page
randy_page@byu.edu

Check these opportunities at www.byuglobalhealth.org
You can sign up for upcoming info meetings on this site

JOB OPENINGS



Department of Health has a recruitment open for the following position:

Healthy Aging Program Specialist III
\$21.97 - \$34.85

This is a full-time, career service position with benefits.

Requisition # 24670

Closes: 10/15/2020 at 11:59 pm MST

In order to be considered for an interview, you will need to apply on-line [here](#) or at <https://www.governmentjobs.com/careers/utah/>. If you have not done so already, you will need to create a job seeker account.



NOW HIRING

WRITING CENTER TUTORS

Hiring all majors to start work
Winter 2021.

Deadline
November 2, 2020

Learn more and apply online
rwc.byu.edu/employment

Questions?
Attend a **Zoom info meeting**
Thursday, Oct 22, 11am
bit.ly/rwc11am
Wednesday, Oct 28, 3pm
bit.ly/rwc3pm



USOPHE is a great resource for job openings. Please follow USOPHE on Facebook for current job listings.

MPH NEWS

CLUBS

Have you been wondering how to get involved? Here are a few student clubs that might be of interest to you depending on your emphasis and educational goals:

The BYU Homeless Alliance

Y-Serve Refugee

*BYU Public Health Association (BPHA)

*Rotaract

*Allied Health Club

*Healthcare Management Association

*Healthcare Industry Association (HIAu)
*BYU Physical and Occupational Therapy Club
*Nonprofit Management Student Association
*Master of Public Administration Association
*Changemaker Club
*Refugee Empowerment Club
*Team HBV

BYU American Society of Safety Professionals (ASSP) <https://www.assp.org>



Our mailing address is:

public-health@byu.edu

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