## ASTHMA INTERNSHIP (PAID)

### BACKGROUND:

The Asthma Home Visiting program offers free home visits to residents of Salt Lake County with severe and/or uncontrolled asthma. The goals of this program are for program participants to learn how to recognize asthma symptoms, correctly use asthma medications, and reduce asthma triggers in the home in order to improve their asthma control and improve their overall quality of life.

#### SCOPE OF WORK:

The program consists of three (3) in-home visits and two (2) follow-up phone calls that are conducted by two Asthma program staff. The purpose of this position will be to accompany another health educator in providing home visits to asthma clients and participating in program planning, implementation, and evaluation. If the hired candidate speaks/reads Spanish, they may also be asked to assist as necessary with Spanish translations and interpreting.

# REQUIREMENTS:

- Recruiting juniors or seniors who are pursuing a degree, or graduates, in one of the following areas:
  Public Health, Community Health, Health Education and/or Health Promotion OR experience as a Community Health Worker (CHW)
- Preference given to fluent Spanish/English speakers
- · Must be able to effectively communicate with a diverse group of all ages
- Must have a reliable means of transportation (to travel to and from office and home visits)
- · Must demonstrate reliability and follow through on commitments

## ESSENTIAL JOB FUNCTIONS:

- Provide coaching to improve health behaviors
- Assist program participants in setting SMART goals
- Working knowledge of the Health Belief Model, Trans-theoretical Model, Ecological Model
- · Communicate effectively face-to-face and via telephone
- Provide basic health information and referral to supplemental resources
- Assist in program evaluation, producing reports, and suggesting program improvements based upon datal
- Working with key partners to determine strategic direction of statewide asthma control efforts including program planning and continuous quality improvement

## POSITION LOGISTICS:

- Paid internship \$7.25/hr. plus mileage reimbursement for driving to/from home visits
- Part Time: up to 20 hours/week without benefits
- Duration: Must commit to at least one full semester, or four months, with potential for continued employment.
- Hours: Flexible. We work to meet the needs of our clients. Days, some early evenings, and in very rare circumstances, Saturday mornings, may be required.
- Work location: 7971 South 1825 West, West Jordan, UT 84088
- Applications must be received by 11:59 pm on Thursday, March 19.
- To apply please send your resume to Darrin Sluga at dsluga@slco.org

START DATE: preferably ASAP but willing to work with student's schedule